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63. Venlafaxine (Effexor) and Desvenlafaxine (Pristiq) - Mechanism of Action | Differences | Psychopharmacology | Clinical Application
64. What Should Psychiatrists and Cardiologists Know About Depression and Cardiovascular Disease?
65. 'When The Light Goes Out' by Dr Lisa Myers
66. White Matter Hyperintensities on MRI – Coincidental Finding or Something Sinister?
67. Why Diet is The New Antidepressant on the Block – Diet, and Depression
68. Why Doctors Kill Themselves – Battling The Dark Side of Medicine
Videos

1. Application of Intranasal Esketamine (Spravato) in Clinical Practice - Optimising Patient Outcomes – Discussion with A/Prof Scott and Prof Hickie

2. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton

3. Can Diet Patterns be Predictive of Mental Health Disorders? – Prof Felice Jacka

4. Clinical Indications For Repetitive Transcranial Magnetic Stimulation (rTMS) – Dr. Martijn Arns

5. Clinical Symptoms of Severe Depression – Focus on Melancholic and Psychotic Depression

6. Depressive Disorder – The Economic Burden By Prof Malcolm Hopwood

7. Diet Quality and Depression in Children, Adolescents and Adults – A/Prof Felice Jacka

8. Emotional Blunting With SSRI’s – Prof Malcolm Hopwood

9. Hormones and Mental Illness in Women – PMDD / Depression and the Pill / Perimenopausal Depression- Prof Kulkarni


12. Interpreting The Results of Antidepressant Trials – Prof Koen Demyttenaere

13. Is There a Role for Statin Therapy in Psychiatry? – Professor Michael Berk

14. Key Differences Between High Frequency & Low Frequency rTMS Protocols – Dr. Martijn Arns

15. Key Differences Between rTMS and Electroconvulsive Therapy (ECT) – Dr. Martijn Arns

16. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton

17. Lamotrigine Induced Rash - Assessment and Management by Dr. Sanil Rege

18. Management of Depression – Q & A Session With Prof Malcolm Hopwood

19. Mechanism of Action and Benefits of Agomelatine By Prof Malcolm Hopwood

20. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton

21. N-Acetylcysteine (NAC) in Schizophrenia and Bipolar Disorder- Prof Michael Berk

22. Neurobiology of Depression and Psychopharmacology of Esketamine - A Novel Rapid-acting Antidepressant

23. New Developments in Neuromodulation & Stimulation in Psychiatry – Dr. Martijn Arns

24. Number of Sessions & Pulses Required for Optimal Results of rTMS – Dr. Martijn Arns

25. Observed Clinical Activity (OCA) and MEQ – Passing the RANZCP Exam- Dr Sanil Rege

26. Obstructive Sleep Apnea (OSA) and Depression - Pathophysiology & Management

27. Outcome of Major Depression, Choice of Antidepressants and the Importance of Shared Decision Making – Prof Koen Demyttenaere

28. Psychiatrist Analyzes the Netflix Documentary on the Burari Case - Was it Mental Illness | बुराड़ी

29. Remission in Depression: STAR'D Trial By Prof Malcolm Hopwood

30. Repetitive Transcranial Magnetic Stimulation (rTMS) in Depression – Conversations with Dr Martijn Arns, Neuromodulation Expert
31. Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
32. The Concept of Mood and its Evaluation in Depression – Prof Koen Demyttenaere
33. The Core of Depression as an Illness – Has DSM Got it Right? – Prof Koen Demyttenaere
34. The Impact of Diet Quality on Mental Health – Prof Felice Jacka
35. The Importance of Positive Affect in Treatment of Depression – Prof Koen Demyttenaere
36. The Potential Side Effects of rTMS – Dr. Martijn Arns
37. Treatment of Depression – Physician vs Patient Expectations – Prof Koen Demyttenaere
38. Typical Response & Remission Rates of rTMS in Treatment Resistant Cases – Dr. Martijn Arns
39. Video on Medical Evaluation in Depression – 10 point guide for Psychiatrists
40. What Are the Reasons For the Rise in Interest in Neuromodulation? – Conversations with Dr Martijn Arns, Neuromodulation Expert
Anxiety Disorder Spectrum
Articles

1. A Profile of Anxiety Disorders in Australian Children and Youth – Findings from the Australian Child and Adolescent Survey of Mental Health and Wellbeing
2. Body Dysmorphic Disorder (BDD) – Clinical Features and Management – Treating Imagined Ugliness By Prof David Castle
3. Diagnosis and Management of Obsessive Compulsive Symptoms (OCS) in Schizophrenia
4. Generalized Anxiety Disorder – Diagnostic Interview
5. Generalised Anxiety Disorder – Diagnosis and Management
6. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis and Treatment
7. Obsessive Compulsive Disorder (OCD)- Diagnostic Interview
8. Post Traumatic Stress Disorder (PTSD) – A Primer on Neurobiology and Management
9. Social Anxiety Disorder in Adults - Practical Clinical Guidance for Diagnosis and Management
Videos

1. Agomelatine in Generalised Anxiety Disorder - Insights from Network Meta-analyses and WFSBP Guidelines
2. Assessment and Management of Comorbid Anxiety and Depression - An Update
3. Diagnostic Evaluation in Severe Anxiety Disorder - A Structured Approach
4. Navigating a Case of Generalised Anxiety Disorder in Clinical Practice
5. Shared Decision Making in Generalised Anxiety Disorder - A Practical Approach
Trauma Related Disorders
TRAUMA RELATED DISORDERS

Articles
1. Complex Post Traumatic Stress Disorder (cPTSD)- Impact of Childhood Trauma | Assessment and Management Principles
2. Implementation of Trauma-informed Care Within Psychiatric Services: Challenges and Opportunities
3. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
4. Long-term Outcomes of Childhood Sexual Abuse
5. Neurobiology of Stress and Resilience
6. Neuropsychiatry of Traumatic Brain Injury (TBI) – Pathogenesis, Comorbidity and Treatment
7. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Treatment
8. The Mental Health Impact of Quarantine – Psychological Consequences and Management Strategies
9. The Neuropsychiatry of Fibromyalgia – Etiology and Management
10. The Neuroscience of Dissociation - Clinical Application in Trauma Disorders
11. Why is it Important to Teach Medical Students and Junior Doctors How to Ask Patients About Experiences of Abuse or Trauma?
12. Why We Need Trauma-informed Care in Mental Health Services – Highlights from RCPsychIC 2019

Videos
1. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
2. Clinical Application of Prazosin & Clonidine – Role of Alpha (α) Adrenergic Receptors (α1 and α2)
3. Psychiatrist Analyzes Psychologist Testimonies in the Amber Heard vs J.Depp trial | Trauma Disorders
4. The Abyss Within: Delving into the Darkness of Despair and Depression – A Neuroscientific Odyssey
5. The Neurobiology of Trauma and PTSD Phenotypes – Dr Sanil Rege
6. Trauma and Complex Trauma Disorder By Prof Jayashri Kulkarni
7. Understanding the Impact of Stress, Trauma and Loss on The Human Brain
Eating Disorders
EATING DISORDERS

Articles

1. Anorexia Nervosa – A Father and Daughter Perspective -Highlights from RCPsychIC 2019
2. Anorexia Nervosa – A Review of Neurobiology, Diagnosis and Management
3. Binge Eating Disorder – Diagnosis and Management
4. Neurobiology of Binge Eating Disorder – A Synopsis
5. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
6. What is The Psychiatrist’s Role in Obesity and Bariatric Surgery?

Videos

1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder?-Prof Martin Katzman
2. Eating Disorders in Psychiatry - Conversations with Prof Phillipa Hay
3. The Impact of Diet Quality on Mental Health – Prof Felice Jacka
Personality Disorder
Articles

1. Borderline Personality Disorder - DSM-5 and ICD-11 Diagnostic Criteria
2. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
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4. Clinical Assessment and Management of Bipolar Disorder – Summary of RANZCP and BAP Guidelines
5. Clinical Management of Depression – Summary of RANZCP Guidelines
6. Creative Ways of Refashioning Study – The Intersection between Art and Psychiatry
7. Emphasising A Bio-Psycho-Social Approach to Improve Clinical Effectiveness of the Rehabilitation Process
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9. Lithium Prescribing and Monitoring in Clinical Practice – A Practical Guide
10. Major Depressive Disorder with Mixed Features Interactive Learning Tool – CPD
11. Mastering the Psychiatric Long Case – Passing the Observed Clinical Activity (OCA) Exam
12. My MRCPsych Journey - Passing the MRCPsych Exams by Dr Deoman Gurung
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14. Passing the RANZCP Written Exams: A Personal Story
15. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Management
17. Psychopathology: The Foundational Discipline of Psychiatry
18. Quick Tips to Prepare for the RANZCP Written Exam
19. Royal Australian and New Zealand College of Psychiatrists (RANZCP) Guidelines on Schizophrenia – A Synopsis by Prof Castle
21. Slam it to the Left and Shake it to the Right – on getting through the Competency Based Fellowship Program (CBFP)
22. Ten Point Guide to Mental State Examination (MSE) in Psychiatry
I have attended both your online course and exam workshops, needless to say, I've passed the MEQ exam too, having already passed CEQ last year! You have a big role in my academic achievements, so please have your share of thanks!

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3. From Psychiatry Trainee to Consultant Psychiatrist – Stages of Training for the RANZCP Exams- Dr. Rege
4. From Psychiatry Trainee to Consultant Psychiatrist - Dr. Sanil Rege
5. How I Chose the RANZCP Scholarly Project (The Practical Aspects) – Dr. Doug Blomeley
6. Introduction to the RANZCP Scholarly Project – Dr. Doug Blomeley
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8. Passing the Modified Essay (MEQ) and Critical Essay (CEQ) Exam- RANZCP- Dr. Sanil Rege
9. How to develop a Psychiatric Formulation and Management Plan– Principles of Psychiatric Practice
10. Psychiatric Formulation and Management- Tips and Techniques
11. Psychiatric Formulation and Management- Tips and Techniques- Dr. Sanil Rege
12. Psychiatry Exams – What’s the Right Mindset- Dr. Sanil Rege
13. Psychiatry Trainee to Consultant Psychiatrist – Skills Breakdown- Dr. Sanil Rege
14. Techniques to Prepare For the EMQ and Critical Analysis (MCQ) Problems – RANZCP Written Exam-Dr Rege
15. Video on Understanding Schizophrenia – Linking Neurobiology to Clinical Features
16. Video Summary of RANZCP Guidelines on Schizophrenia – Short term and long term treatment
Articles

2. ADHD and Comorbidities - Management Principles
3. A Profile of Anxiety Disorders in Australian Children and Youth – Findings from the Australian Child and Adolescent Survey of Mental Health and Wellbeing
4. Attention Deficit Hyperactivity Disorder (ADHD) in Females – Gender Differences in Neurobiology, Assessment & Management
6. BOOM! A Children’s Story – A Story in the Time of Corona (Free Digital Link to Book)
7. Broad Strokes in Child and Adolescent Neurodevelopment – Cognitive | Emotional | Personality | Behavioural
8. Complex Interaction Between Genetics, Immune System and The Brain – Origin of Schizophrenia
9. Complex Post Traumatic Stress Disorder (cPTSD)- Impact of Childhood Trauma | Assessment and Management Principles
10. Depression in Fathers During Pregnancy and After Childbirth
11. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
12. Diagnosis and Management of Attention Deficit Hyperactivity Disorder (ADHD) – Focus on Adult ADHD
13. Epigenetic Mechanisms in Psychiatric Disorders – Major Depression, Psychosis and Addiction
14. Evidence Based Summary of the ADHD International Consensus Statement
15. Inside the Mind of an Adult ADHD Specialist – Interview with Dr Mahendra Perera
16. Long-term Outcomes of Childhood Sexual Abuse
17. Methylphenidate – Mechanism of Action, Side Effects and Dosing
18. Neurobiology of Attention Deficit Hyperactivity Disorder (ADHD) – A Primer
He describes saying that he is never present, he gets floated with things and cannot focus.

He says he has difficulty falling and staying asleep and his thoughts are always going fast. He says he sees images and it feels that there are a lot of images in his mind all the time. He says he is always occupied with something and he easily loses track of time.

He says that he experiences inner restlessness and anxiety for which he has tried four different medications in the past. Lexapro, mirtnapion, Valium and another medication, all of which he says helped with the anxiety but had side effects such as drowsiness.

He also describes issues with anger and impulsivity and says he cannot relax and can be very short tempered.
ADHD MASTERCLASS TESTIMONIALS

Barely any room for improvement as more than met my expectations. Great delivery. Focused but yet able to deviate for questions. Feel privileged to have been able to attend thank you Sanil & team!

Completely new understanding of what ADHD actually encompasses, and now know why 'one size' does not fit all.

Is way more complex, and lot more research completed than I had appreciated. Very stimulating, and keen to learn more.

Well done Sanil and team, again. Very useful, building on prior concepts and looking forward to future webinars. Has already helped clarify my thinking with current clinical problems.

Very impressive presentation today.
I would say “RedefiningADHD” would be the better topic for today’s masterclass than simplifying ADHD.
When we know neurobiology “it really make sense”

What you are doing is a great service, not only to the psychiatrist, but to the patient’s who are suffering without targeted treatment. I always wondered how to shape up my practice after qualifying. Academy fulfils what I looked for. Thank you for sharing your wisdom.
19. Shifting Biology in ASD: Future Treatment Prospects – Assessment, Treatment and Research in Autism Spectrum Disorders

20. Social Media Use, Sleep and Obesity in Children

21. The Amazing Brain Changes in Pregnancy Linked to Mother-Infant Attachment

22. The Impact of Maternal Stress on the Fetal Brain – A Summary of Key Mechanisms

23. The Study We Have All Been Waiting For – Healthy Parents Healthy Kids Study

24. The World’s Kind Of Crazy

25. Vitamin D Deficiency in Pregnancy is Linked to Autism

Videos

1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder? - Prof Martin Katzman

2. Clinical Approach to Diagnosis of Adult ADHD (Attention Deficit Hyperactivity Disorder)

3. Could You Summarise Your Approach To the Management of Adult ADHD – Prof Martin Katzman

4. Diet Quality and Depression in Children, Adolescents and Adults – A/Prof Felice Jacka

5. How Can We Extend the Duration of Effect of Stimulants? – Prof Martin Katzman

6. How Do You Conceptualise Adult ADHD – Prof Martin Katzman

7. How Is Lisdexamfetamine Different Compared To Other Stimulants – Prof Martin Katzman

8. How Is the Presentation of ADHD Different in Adults Compared With Children? – Prof Martin Katzman

9. How Should Clinicians Approach the Use of Non-Stimulants? – Prof Martin Katzman

10. How Would You Summarise Your Approach To the Diagnosis of Adult ADHD – Prof Martin Katzman

11. Impact of Nutritional Deficiencies in the Pre and Post Natal Period on Child Brain Development – Prof Jacka

12. Managing the Difference in Presentation And Co-existence of Adult ADHD and Bipolar Disorder-Prof Martin Katzman

13. Neurobiological Reasons Behind the Brain’s Improved Response To Long-Acting Stimulants Rather Than Short-Acting Stimulants By Prof Martin Katzman
14. Should Clinicians Screen All Patients With Treatment-Resistant Depression for ADHD? – Prof Martin Katzman
15. Should We Be Concerned About Stimulant Induced Psychosis in Bipolar and Schizoaffective Disorder? – Prof Katzman
16. What Are the Long-Term Benefits of Prescribing Long-Acting Stimulants in Adult ADHD – Prof Martin Katzman
17. What Is the Importance of Hedonic Tone and Its Relationship to Disorders By Prof Martin Katzman
18. What Is the Role of Cannabinoids in Psychiatry By Prof Martin Katzman
19. What Would Be the Steps That You Might Take To the Diagnosis of Adult ADHD By Prof Martin Katzman
20. Would There Be Any Difference in the Dosage of Stimulants in Bipolar Vs ADHD? Are They Smaller Due to the Risk By Prof Martin Katzman
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3. A Simplified Guide to Oral Antipsychotic Medications – Mechanism of Action, Side Effects and Need to Know Points
4. Advances in Pharmacological Treatments for Depression: Exploring Novel Developments and Targets - 2023 Update
5. Amisulpride – Mechanism of Action | Psychopharmacology | Clinical Application
6. Antipsychotic Induced Weight Gain and Metabolic Dysfunction - A Review of Pathophysiology and Management Strategies
7. Antipsychotic Withdrawal Syndrome - Understanding the Hyperbolic Curve and Tapering Antipsychotic Treatment to Reduce the Risk of Relapse
8. Aripiprazole – Mechanism of Action, Psychopharmacology and Clinical Application
9. Brexpiprazole - Psychopharmacology | Mechanism of Action | Clinical Application
11. Can We Predict Antipsychotic Response in Psychosis? – Highlights from RCPsychIC 2019
12. Cardiac Complications of Clozapine Treatment – Assessment and Management – Highlights from RCPsychIC 2019
13. Cariprazine – Mechanism of Action | Psychopharmacology | Clinical Application
14. Cariprazine Approved by FDA as Adjunctive Treatment for Major Depressive Disorder
15. Changes to the Classification of Psilocybin and MDMA to Enable Prescribing by Authorised Psychiatrists
16. Clinical Assessment and Management of Bipolar Disorder - Summary of RANZCP and BAP Guidelines
17. Clinical Management of Depression – Summary of RANZCP Guidelines
18. Clozapine – Mechanism of Action
19. Clozapine and Covid-19 – What should Psychiatrists Know?
20. Clozapine Augmentation in Clozapine Resistant Schizophrenia – Quick Review
21. Clozapine Induced Constipation and Gastrointestinal Hypomotility (CIC & CIGH) - Case Report and Summary of Management Principles
22. Clozapine Induced Hypersalivation (Sialorrhoea) – Clinical Importance and Pharmacological Options for Management
23. Crystal Methamphetamine Addiction – Assessment and Management
24. Diagnosis and Management of Antidepressant Withdrawal – Understanding the Hyperbolic Curve and SSRI withdrawal
26. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
27. Efficacy and Acceptability of Antidepressants in Acute Depression – What Does the Largest Ever Research Study on Antidepressants Tell Us?
64. Psychedelics and Hallucinogens in Psychiatry – Mechanisms of Action and Clinical Application
66. Psychopharmacology of Gabapentinoids - Pregabalin and Gabapentin
67. QTc Prolongation and Psychotropics - Management of Prolonged QTc interval in Psychiatry
68. Review of Lithium-Induced Renal Dysfunction - Pathophysiology | Diagnosis | Management
69. Revisiting Tricyclic Antidepressants: Understanding the Differences and Advantages for Effective Depression Treatment
70. REXULTI® (brexpiprazole) FDA Approved for Treating Agitation in Alzheimer’s Disease Patients: A New Breakthrough in Neuropsychiatric Symptom Management
71. Sexual Dysfunction With Antidepressants – Pathophysiology | Assessment | Management
72. Simplified Guide to 21 Common Antidepressants – Mechanisms of Actions, Side effects, and Indications
73. Smoking and Schizophrenia - Neurobiology of Nicotine Dependence | Smoking Cessation Treatments
74. Stopping Psychotropic Medication – The Wrong Way and the Right Way – Highlights from RCPsychIC 2019
75. Switching or Augmentation Strategies in the Treatment of Major Depressive Disorder - What Does the Evidence Tell Us?
76. Targeting Muscarinic Acetylcholine Receptors In Schizophrenia: The Latest Research
77. The Dopamine Hypothesis of Schizophrenia – Advances in Neurobiology and Clinical Application
78. The Impact of Alcohol on The Brain – Neurobiology of Dependence and Alcohol Related Brain Damage
79. The Link between Gut Microbiome and The Brain: Impact of Prolonged Antibiotic Use
80. The Neurobiological Basis of Addiction – From Choice to Habit to Compulsion
81. The Psychopharmacology of Cannabis and its Impact on Mental Health – A Primer
82. The Shape of Things to Come: Brain Structure and Response to Lithium in Bipolar Disorder
83. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
84. Varenicline (CHAMPIX) - Mechanism of Action | Psychopharmacology | Clinical Application
85. Venlafaxine (Effexor) and Desvenlafaxine (Pristiq) - Mechanism of Action | Differences | Psychopharmacology | Clinical Application
86. Xanomeline-Trospium (KarXT) Shows Significant Reductions in Symptoms of Schizophrenia in Phase 3 Trial - Targeting the Muscarinic Receptors
87. Zuranolone Improved Depression, Anxiety and Insomnia in Postpartum Depression
Videos

1. A Journey On the Metabolic Highway – Conversations with Dr. Stephen Stahl
2. Agomelatine (Valdoxan) for Generalised Anxiety Disorder - Mechanism of Action
3. Agomelatine in Generalised Anxiety Disorder - Insights from Network Meta-analyses and WFSBP Guidelines
4. Akathisia – Pathophysiology, Diagnosis, and Management Strategies
5. Antipsychotic Medications – Same-Same For Efficacy But Different For Side Effects-Prof Christoph Correll
6. Anxiety Disorders: Current Controversies, Future Directions – Q&A Session With Prof Sean Hood
7. Anxiety Disorders: Guidelines for Management By Prof Sean Hood
8. Application of Intranasal Esketamine (Spravato) in Clinical Practice - Optimising Patient Outcomes – Discussion with A/Prof Scott and Prof Hickie
9. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
10. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton
12. CanClinicians Consider Clozapine Augmentation With Lurasidone? – Prof Correll’s Insights
13. Clinical Application of Prazosin & Clonidine – Role of Alpha (\(\alpha\)) Adrenergic Receptors (\(\alpha_1\) and \(\alpha_2\))
14. Clozapine Mechanism of Action and Augmentation Strategy – Dr. Sanil Rege
15. Current Controversies in Anxiety Disorders: CBT and Combination Therapies By Prof Sean Hood
16. Depressive Disorder – The Economic Burden By Prof Malcolm Hopwood
17. DNA Interpretation- A Complex Process – Genetically Guided Prescribing By A/Prof Ajeet Singh
18. Emotional Blunting With SSRI’s – Prof Malcolm Hopwood
19. Evolution of Pharmacogenetic Prescribing – Genetically Guided Prescribing By A/ Prof Ajeet Singh
20. Future Directions in Anxiety Disorders: Neuromodulation and Human Studies By Prof Sean Hood
21. Genetically Based Adverse Medication Reactions – Genetically Guided Prescribing By A/Prof Ajeet Singh
22. Genetically Guided Prescribing: The Future Arrives- Precision Medicine By Dr. Ajeet Singh
23. Genetically Guided Prescribing: The Future Arrives-Prescribing Odyssey in Psychiatry- Dr. Ajeet Singh
24. Genetics, Epigenetics, and Pharmacogenomics – Genetically Guided Prescribing by A/Prof Ajeet Singh
25. Glutathione, Oxidative Stress and N-Acetylcysteine (NAC) in Psychiatric Disorders – Prof Michael Berk
26. Histamine Affinity, Orexigenic Load and Thermogenesis By Prof Roger Chen
27. How Effective Are Contemporary Antidepressants? – Prof Malcolm Hopwood
28. How to Taper Antidepressants to Avoid a Withdrawal Syndrome – Focus on SSRIs
29. Is There a Role for Statin Therapy in Psychiatry? – Professor Michael Berk
30. Key Messages When Using Antipsychotic Medications By Prof Christoph Correll
31. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton
32. Lamotrigine Induced Rash - Assessment and Management by Dr. Sanil Rege
33. Long-Acting Injectable Antipsychotics (LAIs) - What do the RANZCP Guidelines Say?
34. Lurasidone – Psychopharmacology, Side Effects and Clinical Pearls
35. Management of Depression – Q & A Session With Prof Malcolm Hopwood
36. Managing Metabolic Syndrome and The 'It's My Son Test' - Conversations with Dr. Stephen Stahl
37. Mechanism of Action and Benefits of Agomelatine By Prof Malcolm Hopwood
38. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
39. Metabolic and Cardiovascular Risks with Antipsychotics – How Can Clinicians Make a Difference?- Prof Correll
40. Metabolic Profile in Psychiatry By Prof Roger Chen
41. Mirtazapine – Mechanism of Action and Psychopharmacology By Dr. Sanil Rege
42. Movement Disorders with Antipsychotic Medication – Conversations with Dr Stephen Stahl
43. N-Acetylcysteine (NAC) in Schizophrenia and Bipolar Disorder- Prof Michael Berk
44. Neurobiology of Depression and Psychopharmacology of Esketamine - A Novel Rapid-acting Antidepressant
45. Oxidative and Inflammatory Biomarkers As Targets For Novel Therapies – Prof Michael Berk
46. Practical Aspects of Switching Antipsychotic Medication By Prof Christoph Correll
47. Prof Jayashri Kulkarni’s Tips On Prescribing Antipsychotics in Pregnancy
48. Psychiatric Medications and Weight Gain – Prof Roger Chen
49. Psychopharmacology of Selective Serotonin Re-uptake Inhibitors (SSRIs) – Mechanism of Action
50. Remission in Depression: STAR*D Trial By Prof Malcolm Hopwood
51. Schizophrenia in Women – Role of Estrogen and Novel Treatments- Prof Jayashri Kulkarni
52. Serotonin Noradrenaline Reuptake Inhibitors (SNRIs) - Mechanism of Action
53. Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
54. The Basics of Pharmacogenetics – Genetically Guided Prescribing By A/Prof Ajeet Singh
55. The Future of Antipsychotic Medication – Conversations with Dr Stephen Stahl
56. The Impact of Medication Adverse Effects on Quality of Life in Schizophrenia-Prof Correll
57. The Obesity Epidemic – Professor Roger Chen
58. Use of Metabolically Friendly Antipsychotics: Depression & Cognition in Schizophrenia By Prof Christoph Correll
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61. What Are the Key Aspects in Assessment of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
62. What Are the Mechanisms of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
63. What is Diabetes? By Professor Roger Chen
64. Why Should We Be Concerned About Metabolic Syndrome in Psychiatry?-Prof Correll
65. Will Psychedelics and Hallucinogens Revolutionise Psychiatry? – Conversations with Prof David Nutt
66. 5 Crucial Differences between Amphetamine vs. Methamphetamine | Exploring the Impact
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3. Fezolinetant: First FDA Approved Treatment for Moderate-to-Severe Vasomotor Symptoms Associated with Menopause
4. Is the Oral Contraceptive Pill Associated with Depression?- A Synopsis of The Impact of OC Pills on Mood
5. Lamotrigine and the Oral Contraceptive Pill – Are Dose Adjustments Needed?
7. Navigating Female-Specific Complexities in Psychiatry: Implications for Clinical Practice & Psychopharmacology
8. Neurosteroids in Psychiatry - Pharmacology | Mechanisms of Action | Clinical Application
10. Perimenopausal Depression - A Review of Diagnosis and Management
11. Postpartum (Puerperal) Psychosis – Pathophysiology | Diagnosis | Management
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15. The Serotonin Connection: Study Sheds Light on PMDD Pathophysiology and Treatment
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Videos

1. Gender Differences in Mental Health By Professor Jayashri Kulkarni
2. Hormones and Mental Illness in Women – PMDD / Depression and the Pill / Perimenopausal Depression- Prof Kulkarni
3. HRT vs Antidepressants in Perimenopausal Depression By Prof Jayashri Kulkarni
4. Key Messages for Clinicians in Perinatal Mental Health By Professor Anne Buist
5. Mother-Infant Relationship | Gut-Brain Axis By Professor Anne Buist
6. Neurobiology and Impact of Perinatal Depression By Professor Anne Buist
7. Perinatal Depression – Hot topics in Perinatal Mental Health – Professor Anne Buist
8. Premenstrual Dysphoric Disorder (PMDD) and Hormonal Treatments By Professor Jayashri Kulkarni
9. Prof Jayashri Kulkarni’s Tips On Prescribing Antipsychotics in Pregnancy
10. The Relationship Between Estrogen and Mood By Professor Jayashri Kulkarni
11. Tibolone As Adjunctive Treatment in Perimenopausal Depression By Prof Jayashri Kulkarni
12. Women’s Mental Health: A Bio-Psycho-Social Approach By Prof. Jayashri Kulkarni
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1. Mental Health Risk Assessment: Traps to Avoid in Day-To-Day Clinical Work

Videos
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4. Media Coverage of Mass Killings – Prof Paul Mullen
5. Report Writing for Treating Psychiatrists By Dr Andrew Carroll
6. The Lone Actor Script in Massacres – Prof. Paul Mullen
Technology in Psychiatry
TECHNOLOGY IN PSYCHIATRY

Articles
1. ADHD Treatment via QEEG-Informed Neurofeedback Treatment Stratification and Predictors of Response: Awaiting Multi-Centre Replication
2. Can Analysis of Speech Patterns Predict Psychosis? – Big Data
3. Can Digital Technology Prevent Suicides?
4. Computerized Speech Analysis – An Objective Marker for Psychiatry?
5. Experiences from AVATAR therapy – Conversing with Voices – Highlights from RCPsychIC 2019
6. Internet Addiction Disorder – Case Files of Internet Addiction Disorder and Psychosis
7. Optogenetics in Psychiatry – A Simplified Review
8. Pharmacogenomics and Drug Prescribing (Genetically Guided Prescribing) in Psychiatry – The Current State of Evidence
9. Social Media Use, Sleep and Obesity in Children
10. Social or the Antisocial Media? The Silence Before the Storm – Highlights from RCPsychIC 2019
12. Transcranial Magnetic Stimulation (TMS) for Depression – Review of the Evidence
13. Transcranial Magnetic Stimulation (TMS) in Depression – Case Study
14. Using Data Science to Understand Suicide – Management of Suicidality

Videos
1. Are ADHD TikTok Videos a Dependable Resource for Accurate Information? - Unraveling the Truth
3. Bridging the Mind-body Gap – Digital and Neuroscientific Approaches Q&A – Dr. Arshya Vahabzadeh
4. Clinical Indications For Repetitive Transcranial Magnetic Stimulation (rTMS) – Dr. Martijn Arns
5. DNA Interpretation- A Complex Process – Genetically Guided Prescribing By A/Prof Ajeet Singh
6. Evolution of Pharmacogenetic Prescribing – Genetically Guided Prescribing By A/Prof Ajeet Singh
7. From Apps to Systems in Mental Health Assessment and Management – Dr. Arshya Vahabzadeh
8. Frontiers of Psychiatry – Digital and Neuroscientific Approaches By Dr. Arshya Vahabzadeh
Psychology & Psychotherapy
PSYCHOLOGY & PSYCHOTHERAPY

Articles
1. A Synopsis of the Side Effects of Psychotherapy – What Should Clinicians Know?
2. Clinical Management of Depression – Summary of RANZCP Guidelines
3. Cognitive Behavioral Therapy Changes Brain Connectivity Predicting Long Term Recovery in Psychosis
4. Countertransference
5. Donald Trump – Insights From a Psychiatrist and Psychotherapist
6. Impact of Loneliness in Young Adults in Modern Britain – Findings from a Cohort Study
7. Insights from an Early Career Psychologist – 10 Lessons and a Duck
8. Supercharge Your Psychotherapy Case Training
9. The Benefits of Psychological Assessments and When to Use Them
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12. Unlocking the Neurobiology of Freud’s Psychoanalytic Theories - Neuropsychoanalysis | Part 1 of 4
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Videos
1. Avoiding Pitfalls in The RANZCP Psychotherapy Case – Dr Neil Jeyasingam
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5. Pattern Analysis and Clinical Reasoning By Prof Gordon Parker
6. Pattern Analysis: Q&A session With Prof Gordon Parker
7. Setting the Scene For the Psychotherapy Case (RANZCP) – Dr Neil Jeyasingam
8. The Process of Psychotherapy (RANZCP Psychotherapy Case) – Dr Neil Jeyasingam
Expert Interviews
**Videos**

1. A Journey On the Metabolic Highway – Conversations with Dr. Stephen Stahl
2. A Targeted Approach Towards Treating Symptoms of Schizophrenia – Dr. David Bloom
3. Acute Behavioural Disturbance in Psychosis: Which Antipsychotic Medications? By Dr. Matthew Warden
4. Antipsychotic Medications – Same-Same For Efficacy But Different For Side Effects-Prof Christoph Correll
5. Eating Disorders in Psychiatry - Conversations with Prof Philippa Hay
7. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton
8. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder?–Prof Martin Katzman
9. Can Biomarkers Help Predict the Response To Antipsychotic Medications- Dr. David Bloom
10. Can Clinicians Consider Clozapine Augmentation With Lurasidone? – Prof Correll’s Insights
11. Could You Summarise Your Approach To the Management of Adult ADHD – Prof Martin Katzman
12. Effects of Lurasidone or Brexpiprazole in the Absence of Antihistamine Receptors & Augmentation Strategies–Dr David Bloom
13. How Can We Extend the Duration of Effect of Stimulants? – Prof Martin Katzman

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1. Inside the Mind of the President at Royal Australian and New Zealand College of Psychiatrists (RANZCP) / Ex-Deputy Chief Psychiatrist – Interview with Dr. Vinay Lakra
2. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
3. Inside the Mind of an Adult ADHD Specialist – Interview with Dr. Mahendra Perera
4. Inside the Mind of Dual Psychiatrist and Pain Medicine Physician – Interview with Dr. Khaldoon Alsaee
5. The Medical Model In Mental Health – An Interview With Ahmed Samei Huda
6. Medical Education, Entrepreneurship and Innovation – Interview with Dr. James Shelley
EXPERT INTERVIEWS

15. How Do We Make Sense of Epigenetics and What Should A Clinician Know – Prof Greg Mattingly
16. How Do You Conceptualise Adult ADHD – Prof Martin Katzman
17. How Is Lisdexamfetamine Different Compared To Other Stimulants – Prof Martin Katzman
18. How Is the Presentation of ADHD Different in Adults Compared With Children? – Prof Martin Katzman
19. How Should Clinicians Approach the Use of Non-Stimulants? – Prof Martin Katzman
21. How Should Clinicians Look At Functioning of An Individual To Optimise Outcomes By Prof Rajiv Tandon
22. How To Conceptualize the Role of Partial Agonist Treatment Within the Domains of Psychopharmacology By Prof Rajiv Tandon
23. How To Efficiently Use Resilience To Treat Schizophrenia By Prof Greg Mattingly
24. How To Switch Antipsychotics To Improve Patient Response – Dr. David Bloom
25. How Would You Summarise Your Approach To the Diagnosis of Adult ADHD – Prof Martin Katzman
26. Key Aspects in Addressing Antipsychotic Related Side Effects – Prof Rajiv Tandon
27. Key Differences Between Lurasidone & Brexpiprazole, Side Effects & Prescription Strategies-Dr David Bloom
28. Key Differences Between rTMS and Electroconvulsive Therapy (ECT) – Dr. Martijn Arns
29. Key Messages When Using Antipsychotic Medications By Prof Christoph Correll
30. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton
31. Key Tips To Manage Positive, Affective and Negative Symptoms of Schizophrenia – Dr. David Bloom
32. Managing Metabolic Syndrome and The 'It's My Son Test' - Conversations with Dr. Stephen Stahl
33. Managing the Difference in Presentation And Co-existence of Adult ADHD and Bipolar Disorder-Prof Martin Katzman
34. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
35. Metabolic and Cardiovascular Risks with Antipsychotics – How Can Clinicians Make a Difference? - Prof Correll
36. Metabolic and Physical Side Effects of Antipsychotics By Dr. Matthew Warden
37. Movement Disorders with Antipsychotic Medication – Conversations with Dr. Stephen Stahl
38. Neurobiological Reasons Behind the Brain’s Improved Response To Long-Acting Stimulants Rather Than Short-Acting Stimulants By Prof Martin Katzman
39. Outcome of Major Depression, Choice of Antidepressants and the Importance of Shared Decision Making – Prof Koen Demyttenaere
40. Practical Aspects of Switching Antipsychotic Medication By Prof Christoph Correll
41. Repetitive Transcranial Magnetic Stimulation (rTMS) in Depression – Conversations with Dr. Martijn Arns, Neuromodulation Expert
42. Should Clinicians Screen All Patients With Treatment-Resistant Depression for ADHD? – Prof Martin Katzman
43. Should We Be Concerned About Stimulant Induced Psychosis in Bipolar and Schizoaffective Disorder? – Prof Katzman
44. Strategic Treatment For Antipsychotic Medication (Clozapine) Non-Responders By Dr. David Bloom
45. The Future of Antipsychotic Medication – Conversations with Dr. Stephen Stahl
46. The Impact of Medication Adverse Effects on Quality of Life in Schizophrenia - Prof Correll
47. The Metabolic Syndrome in Psychiatry and The Triple Whammy Effect – Conversations with Dr. Stephen Stahl
48. Tips To Manage Cognitive symptoms in Schizophrenia – Dr. David Bloom
49. Top Reasons Why A Clinician Would Consider One Partial Agonist Over Another By Prof Rajiv Tandon
50. Management of Acute Agitation on Inpatient Ward – Dr. Matthew Warden
51. Typical Response & Remission Rates of rTMS in Treatment Resistant Cases – Dr. Martijn Arns
52. Update on the Treatment of Schizophrenia: Phases of Illness and Treatment Goals By Prof Correll
53. Use of Metabolically Friendly Antipsychotics: Depression & Cognition in Schizophrenia By Prof Christoph Correll
54. Waves of Reform: Productivity Commission, Royal Commission and Medicare - What Does it Mean for Psychiatrists? - Conversations with Dr Astha Tomar
55. What Are the Causes of Development of Metabolic Syndrome in Schizophrenia-Prof Christoph Correll
56. What Are the Key Aspects in Assessment of Metabolic Syndrome? – Conversations with Dr. Stephen Stahl
57. What Are the Key Considerations Before Switching Antipsychotics-Dr David Bloom
58. What Are the Long-Term Benefits of Prescribing Long-Acting Stimulants in Adult ADHD – Prof Martin Katzman
59. What Are the Mechanisms of Metabolic Syndrome? – Conversations with Dr. Stephen Stahl
60. What Are the Reasons For the Rise in Interest in Neuromodulation? – Conversations with Dr. Martijn Arns, Neuromodulation Expert
61. What is A Network Meta-Analysis and How Does it Differ From A Traditional Meta-Analysis? – Prof Correll
62. What Is the Importance of Hedonic Tone and Its Relationship to Disorders By Prof Martin Katzman
63. What Is the Role of Cannabinoids in Psychiatry By Prof Martin Katzman
64. What Would Be the Steps That You Might Take To the Diagnosis of Adult ADHD By Prof Martin Katzman
65. What Would the Ideal Antipsychotic Medication Look Like – Prof Greg Mattingly
66. Why Should We Be Concerned About Metabolic Syndrome in Psychiatry?–Prof Correll
67. Will Psychedelics and Hallucinogens Revolutionise Psychiatry? – Conversations with Prof David Nutt
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5. How To Appraise A Systematic Review and Meta Analysis in Clinical Practice- Dr Sanil Rege
6. Interpreting The Results of Antidepressant Trials – Prof Koen Demyttenaere
7. What is A Network Meta-Analysis and How Does it Differ From A Traditional Meta-Analysis? – Prof Correll
8. What is Regression Analysis in Critical Appraisal? – Dr Sanil Rege
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1. How to Treat Depression by Using Biological Deconstruction – Case Files of a Patient with OCD and Depression
2. Wernicke-Korsakoff Syndrome with Serum Positive Anti-NMDA-Receptor Antibodies – Case Files
3. When The Immune System Attacks the Brain – Case Files of a Young Female with Mania

Videos
1. Clozapine Mechanism of Action and Augmentation Strategy – Dr Sanil Rege
2. The Neurobiology of Trauma and PTSD Phenotypes – Dr Sanil Rege
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1. 5 Simple Rules for a Successful Transition from Trainee to Early Career Psychiatrist
2. 5 Study Hacks For The Modern Psychiatric Trainee
3. Can Principles of Mountaineering Help in Recovery from Mental Illness?
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10. The Power of Checklists in Psychiatry
11. Why Doctors Kill Themselves – Battling The Dark Side of Medicine
12. Why Trainees Should Start Their Own E-health Website – (or at least post articles on Psych Scene Hub)

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1. Decision-Making Biases and Doctor Error: Anchoring Bias By Prof Jill Klein
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8. Waves of Reform: Productivity Commission, Royal Commission and Medicare - What Does it Mean for Psychiatrists? - Conversations with Dr Astha Toma
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3. Report Writing for Treating Psychiatrists By Dr Andrew Carroll
4. Video Summary of RANZCP Guidelines on Schizophrenia – Short term and long term treatment
Miscellaneous
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1. Memoirs That Touch on Mental Health and the Insights You Can Get
2. Study Hacks For The Modern Psychiatric Trainee
3. Can Principles of Mountaineering Help in Recovery from Mental Illness?
4. Christmas is a Time of Fear, and a Time to Act - Or is it?
5. Chronic Fatigue Syndrome | Myalgic Encephalomyelitis – Neurobiology | Diagnosis | Management
6. Creative Ways of Refashioning Study – The Intersection between Art and Psychiatry
7. Donald Trump – Insights From a Psychiatrist and Psychotherapist
8. Gut Microbiome (Gut-Brain Axis) and Depression – Pathophysiology | Role of Pre and Probiotics
9. Lessons in Leadership
10. Loneliness and Mental Health Problems in Adults: Isolating the Evidence
11. Looking after One’s Own Mental Health – Advice for Doctors and Medical Students
12. Nutritional Supplements in Psychiatric Disorders – The Evidence
13. Placebo and Nocebo Effects and Why They Matter in Clinical Practice
14. Primer on Neurobiology and Neuropsychiatry of Sleep - Application to Clinical Practice
15. Psychedelics and Hallucinogens in Psychiatry – Mechanisms of Action and Clinical Application
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18. The Link between Gut Microbiome and The Brain: Impact of Prolonged Antibiotic Use
19. The Neuropsychiatry of Fibromyalgia – Etiology, and Management
20. The Neuroscience of Intermittent Fasting - A Simplified Guide to the Metabolic Switch and Neuroprotective Effects
21. The Power of Checklists in Psychiatry
22. The World's Kind Of Crazy
23. What is Neuroplasticity? - A Simplified Guide
25. ‘When The Light Goes Out’ by Dr Lisa Myers
26. Why Pokemon is Really About Self Discovery and Exploration
27. Why Trainees Should Start Their Own E-health Website – (or at least post articles on Psych Scene Hub)
Videos

1. A Carer’s Experience of Mental Illness – Violeta Petersen
2. Clinical Approach to Diagnosis of Adult ADHD (Attention Deficit Hyperactivity Disorder)
3. Effect of Diet and Lifestyle Changes in Depression By Prof Michael Berk
4. Effect of the Mediterranean Diet On Depression By Prof Michael Berk
5. Healthy Diet vs Nutraceuticals in Depression By Prof Michael Berk
6. Neurobiology of Brain Plasticity and Pattern Recognition – Prof Gordon Parker
7. Pattern Analysis and Clinical Reasoning By Prof Gordon Parker
8. Personal (Lived) Experience of Mental Illness – Rowan Wall
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10. Psychiatrist Analyzes the Netflix Documentary on the Burari Case - Was it Mental Illness | बुराड़ी
11. The Power of Serendipity and Multidisciplinary Learning in Medicine – Solving a Complex Clinical Case- Dr Sanil Rege
12. The Role of the Gut Microbiome and Diet in Depression By Prof Michael Berk
GP MENTAL HEALTH BITES

Videos

1. A Recap of Treatment Resistant Depression (TRD) and IN Esketamine - What Have We Learnt?
2. Application of Intranasal Esketamine (Spravato®) in Clinical Practice - Interview Highlights with Prof Ian Hickie and A/Prof Liz Scott
3. Brief Review on Mechanism of Action of Antidepressants By Dr. Sanil Rege
4. Choosing Antipsychotics from a Metabolic Perspective by Dr. Sanil Rege
5. Completing a GP Mental Health Treatment Plan in Treatment-Resistant Depression (TRD)-Part 1
6. Diagnosis and Management of Adult ADHD in General Practice by Dr. Sanil Rege
7. Diagnosis and Management of Social Anxiety Disorder in General Practice by Dr. Sanil Rege
8. Diagnostic Evaluation in Severe Anxiety Disorder - A Structured Approach
9. GP’s Role Within Collaborative Care in Schizophrenia: Focus on Long-Acting Injections (LAIs)
10. Intranasal Esketamine Clinical Data – Implications for Patients and Clinicians
11. Long-Acting Injectable Antipsychotics (LAIs) - What do the RANZCP Guidelines Say?
12. Management of Antidepressant - Induced Sexual Dysfunction by Dr. Sanil Rege
13. Management of Depression and Comorbid Anxiety by Dr. Sanil Rege
14. Management of Emotional Blunting Caused by Antidepressants by Dr. Sanil Rege
15. Navigating a Case of Treatment-Resistant Depression (TRD) in Clinical Practice
17. Paliperidone 3-monthly and 6-monthly Long Acting Injectable in Schizophrenia - Key Points
18. Practical Application of Motivational Interviewing in Patients with Schizophrenia
19. Referral Pathway for Esketamine (SPRAVATO Nasal Spray) in Treatment-Resistant Depression?
20. Shared Decision Making in Antidepressant Choice By Dr. Sanil Rege
21. Treatment-Resistant Depression & the Burden on Patients, GPs, their Families and the Healthcare System
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