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36. The Potential Side Effects of rTMS – Dr. Martijn Arns
37. Treatment of Depression – Physician vs Patient Expectations – Prof Koen Demyttenaere
38. Typical Response & Remission Rates of rTMS in Treatment Resistant Cases – Dr. Martijn Arns
39. Video on Medical Evaluation in Depression – 10 point guide for Psychiatrists
40. What Are the Reasons For the Rise in Interest in Neuromodulation? – Conversations with Dr Martijn Arns, Neuromodulation Expert
Anxiety Disorder Spectrum
Articles

1. A Profile of Anxiety Disorders in Australian Children and Youth – Findings from the Australian Child and Adolescent Survey of Mental Health and Wellbeing
2. Body Dysmorphic Disorder (BDD) – Clinical Features and Management – Treating Imagined Ugliness By Prof David Castle
3. Diagnosis and Management of Obsessive Compulsive Symptoms (OCS) in Schizophrenia
4. Generalized Anxiety Disorder – Diagnostic Interview
5. Generalised Anxiety Disorder – Diagnosis and Management
6. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis and Treatment
7. Obsessive Compulsive Disorder (OCD) – Diagnostic Interview
8. Post Traumatic Stress Disorder (PTSD) – A Primer on Neurobiology and Management
9. Social Anxiety Disorder in Adults – Practical Clinical Guidance for Diagnosis and Management
Videos

1. Agomelatine in Generalised Anxiety Disorder - Insights from Network Meta-analyses and WFSBP Guidelines
2. Assessment and Management of Comorbid Anxiety and Depression - An Update
3. Diagnostic Evaluation in Severe Anxiety Disorder - A Structured Approach
4. Navigating a Case of Generalised Anxiety Disorder in Clinical Practice
5. Shared Decision Making in Generalised Anxiety Disorder - A Practical Approach
Trauma Related Disorders
TRAUMA RELATED DISORDERS

Articles
1. Complex Post Traumatic Stress Disorder (cPTSD) - Impact of Childhood Trauma | Assessment and Management Principles
2. Implementation of Trauma-informed Care Within Psychiatric Services: Challenges and Opportunities
3. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
4. Long-term Outcomes of Childhood Sexual Abuse
5. Neurobiology of Stress and Resilience
6. Neuropsychiatry of Traumatic Brain Injury (TBI) – Pathogenesis, Comorbidity and Treatment
7. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Treatment
8. The Mental Health Impact of Quarantine – Psychological Consequences and Management Strategies
9. The Neuropsychiatry of Fibromyalgia – Etiology and Management
10. The Neuroscience of Dissociation - Clinical Application in Trauma Disorders
11. Why it is Important to Teach Medical Students and Junior Doctors How to Ask Patients About Experiences of Abuse or Trauma?
12. Why We Need Trauma-informed Care in Mental Health Services – Highlights from RCPsychIC 2019

Videos
1. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
2. Clinical Application of Prazosin & Clonidine – Role of Alpha (α) Adrenergic Receptors (α1 and α2)
3. Psychiatrist Analyzes Psychologist Testimonies in the Amber Heard vs J.Depp trial | Trauma Disorders
4. The Neurobiology of Trauma and PTSD Phenotypes – Dr Sanil Rege
5. Trauma and Complex Trauma Disorder By Prof Jayashri Kulkarni
Eating Disorders
EATING DISORDERS

Articles
1. Anorexia Nervosa – A Father and Daughter Perspective - Highlights from RCPsychIC 2019
2. Anorexia Nervosa – A Review of Neurobiology, Diagnosis and Management
3. Binge Eating Disorder – Diagnosis and Management
4. Neurobiology of Binge Eating Disorder – A Synopsis
5. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
6. What is The Psychiatrist’s Role in Obesity and Bariatric Surgery?

Videos
1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder? - Prof Martin Katzman
2. Eating Disorders in Psychiatry - Conversations with Prof Phillipa Hay
3. The Impact of Diet Quality on Mental Health – Prof Felice Jacka
Personality Disorder
PERSONALITY DISORDER

Articles

1. Borderline Personality Disorder - DSM-5 and ICD-11 Diagnostic Criteria
2. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
3. Understanding Narcissistic Personality Disorder: The Concept of Narcissism | DSM-5 Criteria | ICD-11 Conceptualisation
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3. A Simplified Guide to Oral Antipsychotic Medications – Mechanism of Action, Side Effects and Need to Know Points
4. Clinical Assessment and Management of Bipolar Disorder – Summary of RANZCP and BAP Guidelines
5. Clinical Management of Depression – Summary of RANZCP Guidelines
6. Creative Ways of Refashioning Study – The Intersection between Art and Psychiatry
7. Emphasising A Bio-Psycho-Social Approach to Improve Clinical Effectiveness of the Rehabilitation Process
8. How To Avoid The 5 Most Common Medical Essay Writing Mistakes
9. Lithium Prescribing and Monitoring in Clinical Practice – A Practical Guide
10. Major Depressive Disorder with Mixed Features Interactive Learning Tool – CPD
11. Mastering the Psychiatric Long Case – Passing the Observed Clinical Activity (OCA) Exam
12. My MRCPsych Journey - Passing the MRCPsych Exams by Dr Deoman Gurung
13. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis, and Treatment
14. Passing the RANZCP Written Exams: A Personal Story
15. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Management
17. Psychopathology: The Foundational Discipline of Psychiatry
18. Quick Tips to Prepare for the RANZCP Written Exam
19. Royal Australian and New Zealand College of Psychiatrists (RANZCP) Guidelines on Schizophrenia – A Synopsis by Prof Castle
21. Slam it to the Left and Shake it to the Right – on getting through the Competency Based Fellowship Program (CBFP)
22. Ten Point Guide to Mental State Examination (MSE) in Psychiatry
I have attended both your online course and exam workshops, needless to say, I've passed the MEQ exam too, having already passed CEQ last year! You have a big role in my academic achievements, so please have your share of thanks!

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Videos
1. Choosing a Topic For the RANZCP Scholarly Project – Dr. Doug Blomeley
2. Essential Mental Models for A Psychiatrist – The Art of Complex Problem Solving- Dr. Sanil Rege
3. From Psychiatry Trainee to Consultant Psychiatrist – Stages of Training for the RANZCP Exams- Dr. Rege
4. From Psychiatry Trainee to Consultant Psychiatrist - Dr. Sanil Rege
5. How I Chose the RANZCP Scholarly Project (The Practical Aspects) – Dr. Doug Blomeley
6. Introduction to the RANZCP Scholarly Project – Dr. Doug Blomeley
7. Observed Clinical Activity (OCA) and MEQ – Passing the RANZCP Exam- Dr. Sanil Rege
8. Passing the Modified Essay (MEQ) and Critical Essay (CEO) Exam- RANZCP- Dr. Sanil Rege
9. How to develop a Psychiatric Formulation and Management Plan – Principles of Psychiatric Practice
10. Psychiatric Formulation and Management- Tips and Techniques
11. Psychiatric Formulation and Management- Tips and Techniques- Dr. Sanil Rege
12. Psychiatry Exams – What’s the Right Mindset?- Dr. Sanil Rege
13. Psychiatry Trainee to Consultant Psychiatrist – Skills Breakdown- Dr. Sanil Rege
14. Techniques to Prepare For the EMQ and Critical Analysis (MCQ) Problems – RANZCP Written Exam-Dr Rege
15. Video on Understanding Schizophrenia – Linking Neurobiology to Clinical Features
16. Video Summary of RANZCP Guidelines on Schizophrenia – Short term and long term treatment
Developmental Psychiatry
Articles

2. ADHD and Comorbidities - Management Principles
3. A Profile of Anxiety Disorders in Australian Children and Youth – Findings from the Australian Child and Adolescent Survey of Mental Health and Wellbeing
4. Attention Deficit Hyperactivity Disorder (ADHD) in Females – Gender Differences in Neurobiology, Assessment & Management
6. BOOM! A Children’s Story – A Story in the Time of Corona (Free Digital Link to Book)
7. Broad Strokes in Child and Adolescent Neurodevelopment – Cognitive | Emotional | Personality | Behavioural
8. Complex Interaction Between Genetics, Immune System and The Brain – Origin of Schizophrenia
9. Complex Post Traumatic Stress Disorder (cPTSD)- Impact of Childhood Trauma | Assessment and Management Principles
10. Depression in Fathers During Pregnancy and After Childbirth
11. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
12. Diagnosis and Management of Attention Deficit Hyperactivity Disorder (ADHD) – Focus on Adult ADHD
13. Epigenetic Mechanisms in Psychiatric Disorders – Major Depression, Psychosis and Addiction
14. Evidence Based Summary of the ADHD International Consensus Statement
15. Inside the Mind of an Adult ADHD Specialist – Interview with Dr Mahendra Perera
16. Long-term Outcomes of Childhood Sexual Abuse
17. Methylphenidate – Mechanism of Action, Side Effects and Dosing
18. Neurobiology of Attention Deficit Hyperactivity Disorder (ADHD) – A Primer
He describes saying that he is never present, he gets fixated with things and cannot focus.

He says he has difficulty falling and staying asleep and his thoughts are always going fast. He says he sees images and it feels that there are a lot of images in his mind all the time. He says he is always occupied with something and he easily loses track of time.

He says that he experiences inner restlessness and anxiety for which he has tried four different medications in the past. Lexapro, mirtazapine, Valium and another medication, all of which he says helped with the anxiety but had side effects such as drowsiness.

He also describes issues with anger and impulsivity and says he cannot relax and can be very short tempered.
Barely any room for improvement as more than met my expectations. Great delivery. Focused but yet able to deviate for questions. Feel privileged to have been able to attend thank you Sanil & team!

Completely new understanding of what ADHD actually encompasses, and now know why 'one size' does not fit all.

Is way more complex, and lot more research completed than I had appreciated. Very stimulating, and keen to learn more.

Well done Sanil and team, again. Very useful, building on prior concepts and looking forward to future webinars. Has already helped clarify my thinking with current clinical problems.

Very impressive presentation today. I would say “RedefiningADHD” would be the better topic for today’s masterclass than simplifying ADHD. When we know neurobiology “it really make sense”

What you are doing is a great service, not only to the psychiatrist, but to the patient’s who are suffering without targeted treatment. I always wondered how to shape up my practice after qualifying. Academy fulfils what I looked for. Thank you for sharing your wisdom.
19. Shifting Biology in ASD: Future Treatment Prospects – Assessment, Treatment and Research in Autism Spectrum Disorders

20. Social Media Use, Sleep and Obesity in Children

21. The Amazing Brain Changes in Pregnancy Linked to Mother-Infant Attachment

22. The Impact of Maternal Stress on the Fetal Brain – A Summary of Key Mechanisms

23. The Study We Have All Been Waiting For – Healthy Parents Healthy Kids Study

24. The World’s Kind Of Crazy

25. Vitamin D Deficiency in Pregnancy is Linked to Autism

Videos

1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder? – Prof Martin Katzman

2. Clinical Approach to Diagnosis of Adult ADHD (Attention Deficit Hyperactivity Disorder)

3. Could You Summarise Your Approach To the Management of Adult ADHD – Prof Martin Katzman

4. Diet Quality and Depression in Children, Adolescents and Adults – A/Prof Felice Jacka

5. How Can We Extend the Duration of Effect of Stimulants? – Prof Martin Katzman

6. How Do You Conceptualise Adult ADHD – Prof Martin Katzman

7. How Is Lisdexamfetamine Different Compared To Other Stimulants – Prof Martin Katzman

8. How Is the Presentation of ADHD Different in Adults Compared With Children? – Prof Martin Katzman

9. How Should Clinicians Approach the Use of Non-Stimulants? – Prof Martin Katzman

10. How Would You Summarise Your Approach To the Diagnosis of Adult ADHD – Prof Martin Katzman

11. Impact of Nutritional Deficiencies in the Pre and Post Natal Period on Child Brain Development – Prof Jacka

12. Managing the Difference in Presentation And Co-existence of Adult ADHD and Bipolar Disorder – Prof Martin Katzman

13. Neurobiological Reasons Behind the Brain’s Improved Response To Long-Acting Stimulants Rather Than Short-Acting Stimulants By Prof Martin Katzman
14. Should Clinicians Screen All Patients With Treatment-Resistant Depression for ADHD? – Prof Martin Katzman
15. Should We Be Concerned About Stimulant Induced Psychosis in Bipolar and Schizoaffective Disorder? – Prof Katzman
16. What Are the Long-Term Benefits of Prescribing Long-Acting Stimulants in Adult ADHD – Prof Martin Katzman
17. What Is the Importance of Hedonic Tone and Its Relationship to Disorders By Prof Martin Katzman
18. What Is the Role of Cannabinoids in Psychiatry By Prof Martin Katzman
19. What Would Be the Steps That You Might Take To the Diagnosis of Adult ADHD By Prof Martin Katzman
20. Would There Be Any Difference in the Dosage of Stimulants in Bipolar Vs ADHD? Are They Smaller Due to the Risk By Prof Martin Katzman
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3. A Simplified Guide to Oral Antipsychotic Medications – Mechanism of Action, Side Effects and Need to Know Points
4. Advances in Pharmacological Treatments for Depression: Exploring Novel Developments and Targets - 2023 Update
5. Amisulpride – Mechanism of Action | Psychopharmacology | Clinical Application
6. Antipsychotic Induced Weight Gain and Metabolic Dysfunction - A Review of Pathophysiology and Management Strategies
7. Antipsychotic Withdrawal Syndrome - Understanding the Hyperbolic Curve and Tapering Antipsychotic Treatment to Reduce the Risk of Relapse
8. Aripiprazole – Mechanism of Action, Psychopharmacology and Clinical Application
9. Brexpiprazole - Psychopharmacology | Mechanism of Action | Clinical Application
11. Can We Predict Antipsychotic Response in Psychosis? – Highlights from RCPsychIC 2019
12. Cardiac Complications of Clozapine Treatment – Assessment and Management – Highlights from RCPsychIC 2019
13. Cariprazine – Mechanism of Action | Psychopharmacology | Clinical Application
14. Cariprazine Approved by FDA as Adjunctive Treatment for Major Depressive Disorder
15. Changes to the Classification of Psilocybin and MDMA to Enable Prescribing by Authorised Psychiatrists
16. Clinical Assessment and Management of Bipolar Disorder – Summary of RANZCP and BAP Guidelines
17. Clinical Management of Depression – Summary of RANZCP Guidelines
18. Clozapine – Mechanism of Action
19. Clozapine and Covid-19 – What should Psychiatrists Know?
20. Clozapine Augmentation in Clozapine Resistant Schizophrenia – Quick Review
21. Clozapine Induced Constipation and Gastrointestinal Hypomotility (CIC & CIGH) - Case Report and Summary of Management Principles
22. Clozapine Induced Hypersalivation (Sialorrhoea) – Clinical Importance and Pharmacological Options for Management
23. Crystal Methamphetamine Addiction – Assessment and Management
24. Diagnosis and Management of Antidepressant Withdrawal – Understanding the Hyperbolic Curve and SSRI withdrawal
26. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
27. Efficacy and Acceptability of Antidepressants in Acute Depression – What Does the Largest Ever Research Study on Antidepressants Tell Us?
28. Extrapyramidal Movement Disorders with Antipsychotic Medications (EPSE) – Assessment and Management
29. Impact of Smoking on Clozapine Levels – Management of Smoking Cessation in Clozapine Treatment
30. Insomnia – Neurobiology | Pathophysiology | Assessment and Management
31. Intranasal Esketamine – Psychopharmacology, Side effects and Clinical Application
32. Is the Oral Contraceptive Pill Associated with Depression? - A Synopsis of The Impact of OC Pills on Mood
33. Ketamine and Esketamine in Depression – A Synopsis on Efficacy and Mechanism of Action
34. Lamotrigine – Mechanism of Action, Efficacy, Side Effects and Clinical Pearls
35. Lamotrigine and the Oral Contraceptive Pill – Are Dose Adjustments Needed?
36. Latest Update on the Mechanism of Action of Selective Serotonin Reuptake Inhibitors (SSRIs)
37. Lemborexant - Mechanism of Action | Psychopharmacology | Clinical Application
38. Lithium and the Prevention of Suicidality – Highlights from RCPsychIC 2019
39. Lithium Induced Hyperparathyroidism – Clinical Features and Management
40. Lithium Prescribing and Monitoring in Clinical Practice – A Practical Guide
41. Lithium’s Mechanism of Action – A Focus on Neuroprotection
42. Lithium’s Mechanism of Action – A Synopsis and Visual Guide
43. Major Depressive Disorder with Mixed Features Interactive Learning Tool – CPD
44. Making Sense of Clozapine Levels - Clinical Application | Clozapine - NorClozapine Ratio | Side Effects
45. Medicinal Cannabis - Psychopharmacology and Clinical Application
46. Memantine - Mechanism of Action | Psychopharmacology | Clinical Application
47. Methylphenidate – Mechanism of Action, Side Effects, and Dosing
48. Modafinil and Armodafinil – Mechanism of Action | Psychopharmacology | Clinical Application
49. Monoamine Oxidase Inhibitors (MAOI) – Mechanism of Action | Psychopharmacology | Clinical Application
50. Neural Correlates of Treatment Response in First Episode Psychosis – Highlights from RCPsychIC 2019
51. Neuropsychiatry of Chronic Migraine – Pathophysiology and Treatment
52. Neurosteroids in Psychiatry - Pharmacology | Mechanisms of Action | Clinical Application
53. New Pharmacological Treatments for Attention Deficit Hyperactivity Disorder (ADHD) - Viloxazine | Azstarys | Mazindol | Centanafadine
54. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis and Treatment
55. Optimising Drug Treatment for Psychosis: Using What We’ve got Better – Role of Clozapine
56. Paliperidone Long Acting Injections (Sustenna / Trinza / Hafyera) - Psychopharmacology and Clinical Application
57. Pharmacogenomics and Drug Prescribing (Genetically Guided Prescribing) in Psychiatry – The Current State of Evidence
58. Placebo and Nocebo Effects and Why They Matter in Clinical Practice
59. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Treatment
60. Primer on Neurobiology and Neuropsychiatry of Sleep - Application to Clinical Practice
61. Principles of Antidepressant Prescribing in Pregnancy and Postnatal Period
62. Psychopharmacology and Clinical Application of Guanfacine and Clonidine for ADHD - What’s the Difference
63. Psychedelics and Hallucinogens in Psychiatry – Mechanisms of Action and Clinical Application
64. Psychopharmacology and Clinical Application of Aripiprazole Long Acting Injections – Review of Abilify Maintena & Aristada
65. QTc Prolongation and Psychotropics- Management of Prolonged QTc interval in Psychiatry
66. Review of Lithium-Induced Renal Dysfunction - Pathophysiology | Diagnosis | Management
67. Revisiting Tricyclic Antidepressants: Understanding the Differences and Advantages for Effective Depression Treatment
68. REXULTI® (brexpiprazole) FDA Approved for Treating Agitation in Alzheimer’s Disease Patients: A New Breakthrough in Neuropsychiatric Symptom Management
69. Sexual Dysfunction With Antidepressants – Pathophysiology | Assessment | Management
70. Simplified Guide to 21 Common Antidepressants – Mechanisms of Actions, Side effects, and Indications
71. Smoking and Schizophrenia - Neurobiology of Nicotine Dependence | Smoking Cessation Treatments
72. Stopping Psychotropic Medication – The Wrong Way and the Right Way – Highlights from RCPsychIC 2019
73. Switching or Augmentation Strategies in the Treatment of Major Depressive Disorder - What Does the Evidence Tell Us?
74. Targeting Muscarinic Acetylcholine Receptors In Schizophrenia: The Latest Research
75. The Dopamine Hypothesis of Schizophrenia – Advances in Neurobiology and Clinical Application
76. The Impact of Alcohol on The Brain – Neurobiology of Dependence and Alcohol Related Brain Damage
77. The Link between Gut Microbiome and The Brain: Impact of Prolonged Antibiotic Use
78. The Neurobiological Basis of Addiction – From Choice to Habit to Compulsion
79. The Psychopharmacology of Cannabis and its Impact on Mental Health – A Primer
80. The Shape of Things to Come: Brain Structure and Response to Lithium in Bipolar Disorder
81. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
82. Varenicline (CHAMPIX) - Mechanism of Action | Psychopharmacology | Clinical Application
83. Venlafaxine (Effexor) and Desvenlafaxine (Pristiq) - Mechanism of Action | Differences | Psychopharmacology | Clinical Application
84. Xanomeline-Trospium (KarXT) Shows Significant Reductions in Symptoms of Schizophrenia in Phase 3 Trial - Targeting the Muscarinic Receptors
85. Zuranolone Improved Depression, Anxiety and Insomnia in Postpartum Depression
Videos

1. A Journey On the Metabolic Highway – Conversations with Dr. Stephen Stahl
2. Agomelatine (Valdoxan) for Generalised Anxiety Disorder - Mechanism of Action
3. Agomelatine in Generalised Anxiety Disorder - Insights from Network Meta-analyses and WFSBP Guidelines
4. Akathisia – Pathophysiology, Diagnosis, and Management Strategies
5. Antipsychotic Medications – Same-Same For Efficacy But Different For Side Effects-Prof Christoph Correll
6. Anxiety Disorders: Current Controversies, Future Directions – Q&A Session With Prof Sean Hood
7. Anxiety Disorders: Guidelines for Management By Prof Sean Hood
8. Application of Intranasal Esketamine (Spravato) in Clinical Practice - Optimising Patient Outcomes – Discussion with A/Prof Scott and Prof Hickie
9. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
10. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton
12. Can Clinicians Consider Clozapine Augmentation With Lurasidone? – Prof Correll's Insights
13. Clinical Application of Prazosin & Clonidine – Role of Alpha (α) Adrenergic Receptors (α1 and α2)
14. Clozapine Mechanism of Action and Augmentation Strategy – Dr. Sanil Rege
15. Current Controversies in Anxiety Disorders: CBT and Combination Therapies By Prof Sean Hood
16. Depressive Disorder – The Economic Burden By Prof Malcolm Hopwood
17. DNA Interpretation- A Complex Process – Genetically Guided Prescribing By A/Prof Ajeet Singh
18. Emotional Blunting With SSRI’s – Prof Malcolm Hopwood
19. Evolution of Pharmacogenetic Prescribing – Genetically Guided Prescribing By A/Prof Ajeet Singh
20. Future Directions in Anxiety Disorders: Neuromodulation and Human Studies By Prof Sean Hood
21. Genetically Based Adverse Medication Reactions – Genetically Guided Prescribing By A/Prof Ajeet Singh
22. Genetically Guided Prescribing: The Future Arrives- Precision Medicine By Dr. Ajeet Singh
23. Genetically Guided Prescribing: The Future Arrives-Prescribing Odyssey in Psychiatry- Dr. Ajeet Singh
24. Genetics, Epigenetics, and Pharmacogenomics – Genetically Guided Prescribing by A/Prof Ajeet Singh
25. Glutathione, Oxidative Stress and N-Acetylcysteine (NAC) in Psychiatric Disorders – Prof Michael Berk
26. Histamine Affinity, Orexigenic Load and Thermogenesis By Prof Roger Chen
27. How Effective Are Contemporary Antidepressants? – Prof Malcolm Hopwood
28. How to Taper Antidepressants to Avoid a Withdrawal Syndrome – Focus on SSRIs
29. Is There a Role for Statin Therapy in Psychiatry? – Professor Michael Berk
30. Key Messages When Using Antipsychotic Medications By Prof Christoph Correll
31. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton
32. Lamotrigine Induced Rash - Assessment and Management by Dr. Sanil Rege
33. Long-Acting Injectable Antipsychotics (LAIs) - What do the RANZCP Guidelines Say?
34. Lurasidone – Psychopharmacology, Side Effects and Clinical Pearls
35. Management of Depression – Q & A Session With Prof Malcolm Hopwood
36. Managing Metabolic Syndrome and The 'It's My Son Test'- Conversations with Dr. Stephen Stahl
37. Mechanism of Action and Benefits of Agomelatine By Prof Malcolm Hopwood
38. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
39. Metabolic and Cardiovascular Risks with Antipsychotics – How Can Clinicians Make a Difference?- Prof Correll
40. Metabolic Profile in Psychiatry By Prof Roger Chen
41. Mirtazapine – Mechanism of Action and Psychopharmacology By Dr. Sanil Rege
42. Movement Disorders with Antipsychotic Medication – Conversations with Dr Stephen Stahl
43. N-Acetylcysteine (NAC) in Schizophrenia and Bipolar Disorder- Prof Michael Berk
44. Neurobiology of Depression and Psychopharmacology of Esketamine - A Novel Rapid-acting Antidepressant
45. Oxidative and Inflammatory Biomarkers As Targets For Novel Therapies – Prof Michael Berk
46. Practical Aspects of Switching Antipsychotic Medication By Prof Christoph Correll
47. Prof Jayashri Kulkarni’s Tips On Prescribing Antipsychotics in Pregnancy
48. Psychiatric Medications and Weight Gain – Prof Roger Chen
49. Psychopharmacology of Selective Serotonin Re-uptake Inhibitors (SSRIs) – Mechanism of Action
50. Remission in Depression: STAR’D Trial By Prof Malcolm Hopwood
51. Schizophrenia in Women – Role of Estrogen and Novel Treatments- Prof Jayashri Kulkarni
52. Serotonin Noradrenaline Reuptake Inhibitors (SNRIs) - Mechanism of Action
53. Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
54. The Basics of Pharmacogenetics – Genetically Guided Prescribing By A/Prof Ajeet Singh
55. The Future of Antipsychotic Medication – Conversations with Dr Stephen Stahl
56. The Impact of Medication Adverse Effects on Quality of Life in Schizophrenia-Prof Correll
57. The Obesity Epidemic – Professor Roger Chen
58. Use of Metabolically Friendly Antipsychotics; Depression & Cognition in Schizophrenia By Prof Christoph Correll
59. Video on Understanding Schizophrenia – Linking Neurobiology to Clinical Features
60. What Are the Causes of Development of Metabolic Syndrome in Schizophrenia-Prof Christoph Correll
61. What Are the Key Aspects in Assessment of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
62. What Are the Mechanisms of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
63. What is Diabetes? By Professor Roger Chen
64. Why Should We Be Concerned About Metabolic Syndrome in Psychiatry?-Prof Correll
65. Will Psychedelics and Hallucinogens Revolutionise Psychiatry? – Conversations with Prof David Nutt
Women's Mental Health
1. Attention Deficit Hyperactivity Disorder (ADHD) in Females – Gender Differences in Neurobiology, Assessment & Management
2. Diagnosis and Management of Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (PMDD)- A Synopsis
3. Fezolinetant: First FDA Approved Treatment for Moderate-to-Severe Vasomotor Symptoms Associated with Menopause
4. Is the Oral Contraceptive Pill Associated with Depression?- A Synopsis of The Impact of OC Pills on Mood
5. Lamotrigine and the Oral Contraceptive Pill – Are Dose Adjustments Needed?
7. Neurosteroids in Psychiatry - Pharmacology | Mechanisms of Action | Clinical Application
8. New Research Reveals Surprising Ways Pregnancy Alters Brain Structure and Function
9. Perimenopausal Depression - A Review of Diagnosis and Management
10. Postpartum (Puerperal) Psychosis – Pathophysiology | Diagnosis | Management
11. Principles of Antidepressant Prescribing in Pregnancy and Postnatal Period
12. The Amazing Brain Changes in Pregnancy Linked to Mother-Infant Attachment
13. The Impact of Maternal Stress on the Fetal Brain – A Summary of Key Mechanisms
14. The Serotonin Connection: Study Sheds Light on PMDD Pathophysiology and Treatment
15. Vitamin D Deficiency in Pregnancy is Linked to Autism
16. Why We Need Trauma-informed Care in Mental Health Services – Highlights from RCPsychIC 2019
17. Zuranolone Improved Depression, Anxiety and Insomnia in Postpartum Depression
Videos

1. Gender Differences in Mental Health By Professor Jayashri Kulkarni
2. Hormones and Mental Illness in Women – PMDD / Depression and the Pill / Perimenopausal Depression- Prof Kulkarni
3. HRT vs Antidepressants in Perimenopausal Depression By Prof Jayashri Kulkarni
4. Key Messages for Clinicians in Perinatal Mental Health By Professor Anne Buist
5. Mother-Infant Relationship | Gut-Brain Axis By Professor Anne Buist
6. Neurobiology and Impact of Perinatal Depression By Professor Anne Buist
7. Perinatal Depression – Hot topics in Perinatal Mental Health – Professor Anne Buist
8. Premenstrual Dysphoric Disorder (PMDD) and Hormonal Treatments By Professor Jayashri Kulkarni
9. Prof Jayashri Kulkarni’s Tips On Prescribing Antipsychotics in Pregnancy
10. The Relationship Between Estrogen and Mood By Professor Jayashri Kulkarni
11. Tibolone As Adjunctive Treatment in Perimenopausal Depression By Prof Jayashri Kulkarni
12. Women’s Mental Health: A Bio-Psycho-Social Approach By Prof. Jayashri Kulkarni
Forensic Psychiatry
Articles
1. Mental Health Risk Assessment: Traps to Avoid in Day-To-Day Clinical Work

Videos
1. Characteristics of 10 Perpetrators of Lone Actor Massacres – Professor Paul Mullen
2. Is There An Association Between Mental Illness and Violence? – Prof Paul Mullen
3. Lone Actor Terrorists – Forensic Psychiatry – Prof Paul Mullen
4. Media Coverage of Mass Killings – Prof Paul Mullen
5. The Lone Actor Script in Massacres – Prof. Paul Mullen
Technology in Psychiatry
TECHNOLOGY IN PSYCHIATRY

Articles

1. ADHD Treatment via QEEG-Informed Neurofeedback Treatment Stratification and Predictors of Response: Awaiting Multi-Centre Replication
2. Can Analysis of Speech Patterns Predict Psychosis? – Big Data
3. Can Digital Technology Prevent Suicides?
4. Computerized Speech Analysis – An Objective Marker for Psychiatry?
5. Experiences from AVATAR therapy – Conversing with Voices – Highlights from RCPsychIC 2019
6. Internet Addiction Disorder – Case Files of Internet Addiction Disorder and Psychosis
7. Optogenetics in Psychiatry - A Simplified Review
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22. The World’s Kind Of Crazy
23. What is Neuroplasticity? - A Simplified Guide
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I would like to express my heartfelt gratitude to you and psych scene team as I have passed the MEQ exam.

Your guidance, practical suggestions including the "buzz words", pre course and post course resources were extremely helpful. The structure and time management recommendations did the trick.

I am glad that I took the course and aced the exam at first attempt.

⭐⭐⭐⭐⭐

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