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1. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
2. Clinical Application of Prazosin & Clonidine – Role of Alpha (α) Adrenergic Receptors (α1 and α2)
3. The Neurobiology of Trauma and PTSD Phenotypes – Dr Sanil Rege
4. Trauma and Complex Trauma Disorder By Prof Jayashri Kulkarni
Eating Disorders
EATING DISORDERS

Articles

1. Anorexia Nervosa – A Father and Daughter Perspective -Highlights from RCPsychIC 2019
2. Anorexia Nervosa – A Review of Neurobiology, Diagnosis and Management
3. Binge Eating Disorder – Diagnosis and Management
4. Neurobiology of Binge Eating Disorder – A Synopsis
5. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
6. What is The Psychiatrist’s Role in Obesity and Bariatric Surgery?

Videos

1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder? - Prof Martin Katzman
2. The Impact of Diet Quality on Mental Health – Prof Felice Jacka
Personality Disorder
Articles

1. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
Exams & CPD
Articles

1. 10 Point Visual Guide to Organic Evaluation in Mood Disorders
2. 5 Magic Steps to Pass the CASC and OSCE Exams and Excel in Clinical Practice! – MRCPsych, RCPSC and RANZCP
3. A Simplified Guide to Oral Antipsychotic Medications – Mechanism of Action, Side Effects and Need to Know Points
4. Clinical Assessment and Management of Bipolar Disorder – Summary of RANZCP and BAP Guidelines
5. Clinical Management of Depression – Summary of RANZCP Guidelines
6. Creative Ways of Refashioning Study – The Intersection between Art and Psychiatry
7. Emphasising A Bio-Psycho-Social Approach to Improve Clinical Effectiveness of the Rehabilitation Process
8. How To Avoid The 5 Most Common Medical Essay Writing Mistakes
9. Lithium Prescribing and Monitoring in Clinical Practice – A Practical Guide
10. Major Depressive Disorder with Mixed Features Interactive Learning Tool – CPD
11. Mastering the Psychiatric Long Case – Passing the Observed Clinical Activity (OCA) Exam
13. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis, and Treatment
14. Passing the RANZCP Written Exams: A Personal Story
15. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Management
17. Psychopathology: The Foundational Discipline of Psychiatry
18. Quick Tips to Prepare for the RANZCP Written Exam
19. Royal Australian and New Zealand College of Psychiatrists (RANZCP) Guidelines on Schizophrenia – A Synopsis by Prof Castle
20. Slam it to the Left and Shake it to the Right – on getting through the Competency Based Fellowship Program (CBFP)
21. Ten Point Guide to Mental State Examination (MSE) in Psychiatry
**Videos**

1. Choosing a Topic For the RANZCP Scholarly Project – Dr. Doug Blomeley
2. Essential Mental Models for A Psychiatrist – The Art of Complex Problem Solving- Dr. Sanil Rege
3. From Psychiatry Trainee to Consultant Psychiatrist – Stages of Training for the RANZCP Exams- Dr. Rege
4. From Psychiatry Trainee to Consultant Psychiatrist- Dr. Sanil Rege
5. How I Chose the RANZCP Scholarly Project (The Practical Aspects) – Dr. Doug Blomeley
6. Introduction to the RANZCP Scholarly Project – Dr. Doug Blomeley
7. Observed Clinical Activity (OCA) and MEQ – Passing the RANZCP Exam- Dr. Sanil Rege
8. Passing the Modified Essay (MEQ) and Critical Essay (CEO) Exam- RANZCP- Dr. Sanil Rege
9. How to develop a Psychiatric Formulation and Management Plan– Principles of Psychiatric Practice
10. Psychiatric Formulation and Management- Tips and Techniques
11. Psychiatric Formulation and Management- Tips and Techniques- Dr. Sanil Rege
12. Psychiatry Exams – What’s the Right Mindset?- Dr. Sanil Rege
13. Psychiatry Trainee to Consultant Psychiatrist – Skills Breakdown- Dr. Sanil Rege
14. Techniques to Prepare For the EMQ and Critical Analysis (MCQ) Problems – RANZCP Written Exam-Dr Rege
15. Video on Understanding Schizophrenia – Linking Neurobiology to Clinical Features
16. Video Summary of RANZCP Guidelines on Schizophrenia – Short term and long term treatment
Developmental Psychiatry
Articles

1. A Profile of Anxiety Disorders in Australian Children and Youth – Findings from the Australian Child and Adolescent Survey of Mental Health and Wellbeing
2. Attention Deficit Hyperactivity Disorder (ADHD) in Females – Gender Differences in Neurobiology, Assessment & Management
4. BOOM! A Children’s Story – A Story in the Time of Corona (Free Digital Link to Book)
5. Broad Strokes in Child and Adolescent Neurodevelopment – Cognitive | Emotional | Personality | Behavioural
6. Complex Interaction Between Genetics, Immune System and The Brain – Origin of Schizophrenia
7. Complex Post Traumatic Stress Disorder (cPTSD)- Impact of Childhood Trauma | Assessment and Management Principles
8. Depression in Fathers During Pregnancy and After Childbirth
9. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
10. Diagnosis and Management of Attention Deficit Hyperactivity Disorder (ADHD) – Focus on Adult ADHD
11. Epigenetic Mechanisms in Psychiatric Disorders – Major Depression, Psychosis and Addiction
12. Evidence Based Summary of the ADHD International Consensus Statement
13. Inside the Mind of an Adult ADHD Specialist – Interview with Dr Mahendra Perera
14. Long-term Outcomes of Childhood Sexual Abuse
15. Methylphenidate – Mechanism of Action, Side Effects and Dosing
16. Neurobiology of Attention Deficit Hyperactivity Disorder (ADHD) – A Primer
17. Shifting Biology in ASD: Future Treatment Prospects – Assessment, Treatment and Research in Autism Spectrum Disorders
18. Social Media Use, Sleep and Obesity in Children
19. The Amazing Brain Changes in Pregnancy Linked to Mother-Infant Attachment
20. The Impact of Maternal Stress on the Fetal Brain – A Summary of Key Mechanisms
21. The Study We Have All Been Waiting For – Healthy Parents Healthy Kids Study
22. The World’s Kind Of Crazy
23. Vitamin D Deficiency in Pregnancy is Linked to Autism

Videos
1. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder?– Prof Martin Katzman
2. Clinical Approach to Diagnosis of Adult ADHD (Attention Deficit Hyperactivity Disorder)
3. Could You Summarise Your Approach To the Management of Adult ADHD – Prof Martin Katzman
4. Diet Quality and Depression in Children, Adolescents and Adults – A/Prof Felice Jacka
5. How Can We Extend the Duration of Effect of Stimulants? – Prof Martin Katzman
6. How Do You Conceptualise Adult ADHD – Prof Martin Katzman
7. How Is Lisdexamfetamine Different Compared To Other Stimulants – Prof Martin Katzman
8. How Is the Presentation of ADHD Different in Adults Compared With Children? – Prof Martin Katzman
9. How Should Clinicians Approach the Use of Non-Stimulants? – Prof Martin Katzman
10. How Would You Summarise Your Approach To the Diagnosis of Adult ADHD – Prof Martin Katzman
11. Impact of Nutritional Deficiencies in the Pre and Post Natal Period on Child Brain Development – Prof Jacka
12. Managing the Difference in Presentation And Co-existence of Adult ADHD and Bipolar Disorder-Prof Martin Katzman
13. Neurobiological Reasons Behind the Brain’s Improved Response To Long-Acting Stimulants Rather Than Short-Acting Stimulants By Prof Martin Katzman
14. Should Clinicians Screen All Patients With Treatment-Resistant Depression for ADHD? – Prof Martin Katzman
15. Should We Be Concerned About Stimulant Induced Psychosis in Bipolar and Schizoaffective Disorder? – Prof Katzman
16. What Are the Long-Term Benefits of Prescribing Long-Acting Stimulants in Adult ADHD – Prof Martin Katzman
17. What Is the Importance of Hedonic Tone and Its Relationship to Disorders By Prof Martin Katzman
18. What Is the Role of Cannabinoids in Psychiatry By Prof Martin Katzman
19. What Would Be the Steps That You Might Take To the Diagnosis of Adult ADHD By Prof Martin Katzman
20. Would There Be Any Difference in the Dosage of Stimulants in Bipolar Vs ADHD? Are They Smaller Due to the Risk By Prof Martin Katzman
Psychopharmacology
Articles

1. A Focus on Agomelatine – Mechanism of Action and Efficacy
2. A Focus on Vortioxetine – Mechanism of Action and Efficacy
3. A Simplified Guide to Oral Antipsychotic Medications – Mechanism of Action, Side Effects and Need to Know
Points
4. Amisulpride – Mechanism of Action | Psychopharmacology | Clinical Application
5. Aripiprazole – Mechanism of Action, Psychopharmacology and Clinical Application
7. Can We Predict Antipsychotic Response in Psychosis? – Highlights from RCPsychIC 2019
8. Cardiac Complications of Clozapine Treatment – Assessment and Management – Highlights from RCPsychIC 2019
9. Cariprazine – Mechanism of Action | Psychopharmacology | Clinical Application
10. Clinical Assessment and Management of Bipolar Disorder – Summary of RANZCP and BAP Guidelines
12. Clozapine – Mechanism of Action
13. Clozapine and Covid-19 – What should Psychiatrists Know?
15. Clozapine Induced Hypersalivation (Sialorrhoea) – Clinical Importance and Pharmacological Options for Management
16. Crystal Methamphetamine Addiction – Assessment and Management
17. Diagnosis and Management of Antidepressant Withdrawal – Understanding the Hyperbolic Curve and SSRI withdrawal
19. Dexamphetamine and Lisdexamfetamine- Mechanism of Action, Side Effects and Dosing
20. Efficacy and Acceptability of Antidepressants in Acute Depression – What Does the Largest Ever Research Study on Antidepressants Tell Us?
21. Extrapyramidal Movement Disorders with Antipsychotic Medications (EPSE) – Assessment and Management
22. Impact of Smoking on Clozapine Levels – Management of Smoking Cessation in Clozapine Treatment
23. Insomnia – Neurobiology | Pathophysiology | Assessment and Management
24. Intranasal Esketamine – Psychopharmacology, Side effects and Clinical Application
25. Is the Oral Contraceptive Pill Associated with Depression?- A Synopsis of The Impact of OC Pills on Mood
26. Ketamine and Esketamine in Depression – A Synopsis on Efficacy and Mechanism of Action
27. Lamotrigine – Mechanism of Action, Efficacy, Side Effects and Clinical Pearls
28. Lamotrigine and the Oral Contraceptive Pill – Are Dose Adjustments Needed?
29. Lithium and the Prevention of Suicidality – Highlights from RCPsychIC 2019
30. Lithium Induced Hyperparathyroidism – Clinical Features and Management
31. Lithium Prescribing and Monitoring in Clinical Practice – A Practical Guide
32. Lithium’s Mechanism of Action – A Focus on Neuroprotection
33. Lithium’s Mechanism of Action – A Synopsis and Visual Guide
34. Major Depressive Disorder with Mixed Features Interactive Learning Tool – CPD
35. Simplified Guide to 21 Common Antidepressants – Mechanisms of Actions, Side effects, and Indications
36. Methylphenidate – Mechanism of Action, Side Effects, and Dosing
37. Modafinil and Armodafinil – Mechanism of Action | Psychopharmacology | Clinical Application
38. Monoamine Oxidase Inhibitors (MAOI) – Mechanism of Action | Psychopharmacology | Clinical Application
39. Neural Correlates of Treatment Response in First Episode Psychosis – Highlights from the RCPSychIC 2019
40. Neuropsychiatry of Chronic Migraine – Pathophysiology and Treatment
41. Obsessive Compulsive Disorder (OCD) – A Primer on Neurobiology, Diagnosis and Treatment
42. Optimising Drug Treatment for Psychosis: Using What We’ve got Better – Role of Clozapine
43. Pharmacogenomics and Drug Prescribing (Genetically Guided Prescribing) in Psychiatry – The Current State of Evidence
44. Post Traumatic Stress Disorder (PTSD) – A Primer on Neuropsychiatry and Treatment
45. Principles of Antidepressant Prescribing in Pregnancy and Postnatal Period
46. Psychedelics and Hallucinogens in Psychiatry – Mechanisms of Action and Clinical Application
47. Psychopharmacology and Clinical Application of Aripiprazole Long Acting Injections – Review of Abilify Maintena & Aristada
48. QTc Prolongation and Psychotropics- Management of Prolonged QTc interval in Psychiatry
49. Sexual Dysfunction With Antidepressants – Pathophysiology | Assessment | Management
50. Stopping Psychotropic Medication – The Wrong Way and the Right Way – Highlights from RCPsychIC 2019
51. The Dopamine Hypothesis of Schizophrenia – Advances in Neurobiology and Clinical Application
52. The Impact of Alcohol on The Brain – Neurobiology of Dependence and Alcohol Related Brain Damage
53. The Link between Gut Microbiome and The Brain: Impact of Prolonged Antibiotic Use
54. The Neurobiological Basis of Addiction – From Choice to Habit to Compulsion
55. The Psychopharmacology of Cannabis and its Impact on Mental Health – A Primer
56. The Shape of Things to Come: Brain Structure and Response to Lithium in Bipolar Disorder
57. Understanding and Managing Weight Gain and Obesity in Mental Health: Pharmacological Approaches
Videos

1. A Journey On the Metabolic Highway – Conversations with Dr. Stephen Stahl
2. Akathisia – Pathophysiology, Diagnosis, and Management Strategies
3. Antipsychotic Medications – Same-Same For Efficacy But Different For Side Effects-Prof Christoph Correll
4. Anxiety Disorders: Current Controversies, Future Directions – Q&A Session With Prof Sean Hood
5. Anxiety Disorders: Guidelines for Management By Prof Sean Hood
6. Applications of N-Acetylcysteine (NAC) – From Addiction to Autism By Prof Berk
7. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton
8. Brexipiprazole – Mechanism of Action, Side Effects and Clinical Pearls
9. Can Clinicians Consider Clozapine Augmentation With Lurasidone? – Prof Correll’s Insights
10. Clinical Application of Prazosin & Clonidine – Role of Alpha (α) Adrenergic Receptors (α1 and α2)
11. Clozapine Mechanism of Action and Augmentation Strategy – Dr. Sanil Rege
12. Current Controversies in Anxiety Disorders: CBT and Combination Therapies By Prof Sean Hood
13. Depressive Disorder – The Economic Burden By Prof Malcolm Hopwood
14. DNA Interpretation- A Complex Process – Genetically GuidedPrescribing By A/Prof Ajeet Singh
15. Emotional Blunting With SSRI’s – Prof Malcolm Hopwood
16. Evolution of Pharmacogenetic Prescribing – Genetically Guided Prescribing By A/Prof Ajeet Singh
17. Future Directions in Anxiety Disorders: Neuromodulation and Human Studies By Prof Sean Hood
18. Genetically Based Adverse Medication Reactions – Genetically Guided Prescribing By A/Prof Ajeet Singh
19. Genetically Guided Prescribing: The Future Arrives- Precision Medicine By Dr. Ajeet Singh
20. Genetically Guided Prescribing: The Future Arrives-Prescribing Odyssey in Psychiatry- Dr. Ajeet Singh
21. Genetics, Epigenetics, and Pharmacogenomics – Genetically Guided Prescribing by A/Prof Ajeet Singh
22. Glutathione, Oxidative Stress and N-Acetylcysteine (NAC) in Psychiatric Disorders – Prof Michael Berk
23. Histamine Affinity, Orexigenic Load and Thermogenesis By Prof Roger Chen
25. How to Taper Antidepressants to Avoid a Withdrawal Syndrome – Focus on SSRIs
26. Is There a Role for Statin Therapy in Psychiatry? – Professor Michael Berk
27. Key Messages When Using Antipsychotic Medications By Prof Christoph Correll
28. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton
29. Lurasidone – Psychopharmacology, Side Effects and Clinical Pearls
30. Management of Depression – Q & A Session With Prof Malcolm Hopwood
31. Managing Metabolic Syndrome and The ‘It’s My Son Test’- Conversations with Dr. Stephen Stahl
32. Mechanism of Action and Benefits of Agomelatine By Prof Malcolm Hopwood
33. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
34. Metabolic and Cardiovascular Risks with Antipsychotics – How Can Clinicians Make a Difference?- Prof Correll
35. Metabolic Profile in Psychiatry By Prof Roger Chen
36. Mirtazapine – Mechanism of Action and Psychopharmacology By Dr. Sanil Rege
37. Movement Disorders with Antipsychotic Medication – Conversations with Dr Stephen Stahl
38. N-Acetylcysteine (NAC) in Schizophrenia and Bipolar Disorder- Prof Michael Berk
39. Oxidative and Inflammatory Biomarkers As Targets For Novel Therapies – Prof Michael Berk
40. Practical Aspects of Switching Antipsychotic Medication By Prof Christoph Correll
41. Prof Jayashri Kulkarni's Tips On Prescribing Antipsychotics in Pregnancy
42. Psychiatric Medications and Weight Gain – Prof Roger Chen
43. Psychopharmacology of Selective Serotonin Re-uptake Inhibitors (SSRIs) – Mechanism of Action
44. Remission in Depression: STAR’D Trial By Prof Malcolm Hopwood
45. Schizophrenia in Women – Role of Estrogen and Novel Treatments- Prof Jayashri Kulkarni
46. Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
47. The Basics of Pharmacogenetics – Genetically Guided Prescribing By A/Prof Ajeet Singh
48. The Future of Antipsychotic Medication – Conversations with Dr Stephen Stahl
49. The Impact of Medication Adverse Effects on Quality of Life in Schizophrenia-Prof Correll
50. The Obesity Epidemic – Professor Roger Chen
51. Use of Metabolically Friendly Antipsychotics; Depression & Cognition in Schizophrenia By Prof Christoph Correll
52. Video on Understanding Schizophrenia – Linking Neurobiology to Clinical Features
53. What Are the Causes of Development of Metabolic Syndrome in Schizophrenia-Prof Christoph Correll
54. What Are the Key Aspects in Assessment of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
55. What Are the Mechanisms of Metabolic Syndrome? – Conversations with Dr Stephen Stahl
56. What is Diabetes? By Professor Roger Chen
57. Why Should We Be Concerned About Metabolic Syndrome in Psychiatry?-Prof Correll.
58. Will Psychedelics and Hallucinogens Revolutionise Psychiatry? – Conversations with Prof David Nutt
Women's Mental Health
Articles
1. Attention Deficit Hyperactivity Disorder (ADHD) in Females – Gender Differences in Neurobiology, Assessment & Management
2. Diagnosis and Management of Premenstrual Syndrome (PMS) and Premenstrual Dysphoric Disorder (PMDD)- A Synopsis
3. Is the Oral Contraceptive Pill Associated with Depression?- A Synopsis of The Impact of OC Pills on Mood
4. Lamotrigine and the Oral Contraceptive Pill – Are Dose Adjustments Needed?
5. Lamotrigine in Pregnancy – Is Lamotrigine Safe in Pregnancy?
6. Principles of Antidepressant Prescribing in Pregnancy and Postnatal Period
7. The Amazing Brain Changes in Pregnancy Linked to Mother-Infant Attachment
8. The Impact of Maternal Stress on the Fetal Brain – A Summary of Key Mechanisms
9. Vitamin D Deficiency in Pregnancy is Linked to Autism
10. Why We Need Trauma-informed Care in Mental Health Services – Highlights from RCPsychIC 2019

Videos
1. Gender Differences in Mental Health By Professor Jayashri Kulkarni
2. Hormones and Mental Illness in Women – PMDD / Depression and the Pill / Perimenopausal Depression- Prof Kulkarni
3. HRT vs Antidepressants in Perimenopausal Depression By Prof Jayashri Kulkarni
4. Key Messages for Clinicians in Perinatal Mental Health By Professor Anne Buist
5. Mother-Infant Relationship | Gut-Brain Axis By Professor Anne Buist
6. Neurobiology and Impact of Perinatal Depression By Professor Anne Buist
7. Perinatal Depression – Hot topics in Perinatal Mental Health – Professor Anne Buist
8. Premenstrual Dysphoric Disorder (PMDD) and Hormonal Treatments By Professor Jayashri Kulkarni
9. Prof Jayashri Kulkarni’s Tips On Prescribing Antipsychotics in Pregnancy
10. The Relationship Between Estrogen and Mood By Professor Jayashri Kulkarni
11. Tibolone As Adjunctive Treatment in Perimenopausal Depression By Prof Jayashri Kulkarni
12. Women’s Mental Health: A Bio-Psycho-Social Approach By Prof. Jayashri Kulkarni
Forensic Psychiatry
Articles
1. Mental Health Risk Assessment: Traps to Avoid in Day-To-Day Clinical Work

Videos
1. Characteristics of 10 Perpetrators of Lone Actor Massacres – Professor Paul Mullen
2. Is There An Association Between Mental Illness and Violence? – Prof Paul Mullen
3. Lone Actor Terrorists – Forensic Psychiatry – Prof Paul Mullen
4. Media Coverage of Mass Killings – Prof Paul Mullen
5. The Lone Actor Script in Massacres – Prof. Paul Mullen
Technology in Psychiatry
TECHNOLOGY IN PSYCHIATRY

Articles
1. ADHD Treatment via QEEG-Informed Neurofeedback Treatment Stratification and Predictors of Response: Awaiting Multi-Centre Replication
2. Can Analysis of Speech Patterns Predict Psychosis? – Big Data
3. Can Digital Technology Prevent Suicides?
4. Computerized Speech Analysis – An Objective Marker for Psychiatry?
5. Experiences from AVATAR therapy – Conversing with Voices – Highlights from RCPsychIC 2019
6. Internet Addiction Disorder – Case Files of Internet Addiction Disorder and Psychosis
7. Pharmacogenomics and Drug Prescribing (Genetically Guided Prescribing) in Psychiatry – The Current State of Evidence
8. Social Media Use, Sleep and Obesity in Children
9. Social or the Antisocial Media? The Silence Before the Storm – Highlights from RCPsychIC 2019
11. Transcranial Magnetic Stimulation (TMS) for Depression – Review of the Evidence
12. Transcranial Magnetic Stimulation (TMS) in Depression – Case Study
13. Using Data Science to Understand Suicide – Management of Suicidality

Videos
2. Bridging the Mind-body Gap – Digital and Neuroscientific Approaches Q&A – Dr. Arshya Vahabzadeh
3. Clinical Indications For Repetitive Transcranial Magnetic Stimulation (rTMS) – Dr. Martijn Arns
4. DNA Interpretation- A Complex Process – Genetically Guided Prescribing By A/Prof Ajeet Singh
5. Evolution of Pharmacogenetic Prescribing – Genetically Guided Prescribing By A/Prof Ajeet Singh
6. From Apps to Systems in Mental Health Assessment and Management – Dr. Arshya Vahabzadeh
7. Frontiers of Psychiatry – Digital and Neuroscientific Approaches By Dr. Arshya Vahabzadeh
8. Genetically Based Adverse Medication Reactions – Genetically Guided Prescribing By A/Prof Ajeet Singh
9. Genetically Guided Prescribing: The Future Arrives - Precision Medicine By Dr. Ajeet Singh
10. Genetics, Epigenetics, and Pharmacogenomics – Genetically Guided Prescribing by A/Prof Ajeet Singh
11. How Did You Get Interested in the Field of Neuromodulation? – Conversations with Dr. Martijn Arns, Neuromodulation Expert
12. How Do We Make Sense of Epigenetics and What Should A Clinician Know – Prof Greg Mattingly
13. Key Differences Between High Frequency & Low Frequency rTMS Protocols – Dr. Martijn Arns
14. Key Differences Between rTMS and Electroconvulsive Therapy (ECT) – Dr. Martijn Arns
15. Localising The Exact Point of Maximum Stimulation For rTMS – Dr. Martijn Arns
16. Neurobiology of Brain Plasticity and Pattern Recognition – Prof Gordon Parker
17. Neurofeedback and The Role of Sleep in Psychiatric Disorders – Dr. Martijn Arns
18. New Developments in Neuromodulation & Stimulation in Psychiatry – Dr. Martijn Arns
19. Number of Sessions & Pulses Required for Optimal Results of rTMS – Dr. Martijn Arns
20. Repetitive Transcranial Magnetic Stimulation (rTMS) in Depression – Conversations with Dr. Martijn Arns, Neuromodulation Expert
22. Technological Advances in Psychiatry – From Couch to Cloud by Arshya Vahabzadeh
23. Technology Advancements in Psychiatry – Part 2 – Dr. Arshya Vahabzadeh
24. Technology and The Converging Paths of Mental Health – Dr. Arshya Vahabzadeh
25. The Basics of Pharmacogenetics – Genetically Guided Prescribing By A/Prof Ajeet Singh
26. The Digital Conceptualisation of Depression – Dr. Arshya Vahabzadeh
27. The Potential Side Effects of rTMS – Dr. Martijn Arns
28. The Principle Behind Choosing The Dorsolateral Prefrontal Cortex for rTMS – Dr. Martijn Arns
29. Typical Response & Remission Rates of rTMS in Treatment Resistant Cases – Dr. Martijn Arns
30. What Are the Reasons For the Rise in Interest in Neuromodulation? – Conversations with Dr. Martijn Arns, Neuromodulation Expert
Psychology & Psychotherapy
Articles

1. A Synopsis of the Side Effects of Psychotherapy – What Should Clinicians Know?
2. Clinical Management of Depression – Summary of RANZCP Guidelines
3. Cognitive Behavioral Therapy Changes Brain Connectivity Predicting Long Term Recovery in Psychosis
4. Countertransference
5. Donald Trump – Insights From a Psychiatrist and Psychotherapist
6. Impact of Loneliness in Young Adults in Modern Britain – Findings from a Cohort Study
7. Insights from an Early Career Psychologist – 10 Lessons and a Duck
8. Supercharge Your Psychotherapy Case Training
9. The Benefits of Psychological Assessments and When to Use Them
10. The Mental Health Impact of Quarantine – Psychological Consequences and Management Strategies
11. Transference
12. Why Pokemon is Really About Self Discovery and Exploration

Videos

1. Avoiding Pitfalls in The RANZCP Psychotherapy Case – Dr Neil Jeyasingam
2. Choosing A Patient For Psychodynamic Psychotherapy By Dr Neil Jeyasingam
3. How to Write A Psychotherapy Case – RANZCP By Dr Neil Jeyasingam
4. Introduction to Pattern Analysis By Prof Gordon Parker
5. Pattern Analysis and Clinical Reasoning By Prof Gordon Parker
6. Pattern Analysis: Q&A session With Prof Gordon Parker
7. Setting the Scene For the Psychotherapy Case (RANZCP) – Dr Neil Jeyasingam
8. The Process of Psychotherapy (RANZCP Psychotherapy Case) – Dr Neil Jeyasingam
Expert Interviews
**Videos**

1. A Journey On the Metabolic Highway – Conversations with Dr. Stephen Stahl
2. A Targeted Approach Towards Treating Symptoms of Schizophrenia – Dr. David Bloom
3. Acute Behavioural Disturbance in Psychosis: Which Antipsychotic Medications? By Dr. Matthew Warden
4. Antipsychotic Medications – Same-Same For Efficacy But Different For Side Effects – Prof Christoph Correll
5. Length of stay, Side Effects, Seclusion Rates and Use of Antipsychotics – Dr. Matthew Warden
6. Assessment and Management of Sexual Dysfunction with Antidepressants in Clinical Practice – Conversations with Prof Clayton
7. Are There Similarities Between the Neurobiology of ADHD and Binge-Eating Disorder? – Prof Martin Katzman
8. Can Biomarkers Help Predict the Response To Antipsychotic Medications – Dr. David Bloom
9. Can Clinicians Consider Clozapine Augmentation With Lurasidone? – Prof Correll’s Insights
10. Could You Summarise Your Approach To the Management of Adult ADHD – Prof Martin Katzman
11. Effects of Lurasidone or Brexpiprazole in the Absence of Antihistamine Receptors & Augmentation Strategies – Dr. David Bloom
12. How Can We Extend the Duration of Effect of Stimulants? – Prof Martin Katzman
13. How Did You Get Interested in the Field of Neuromodulation? – Conversations with Dr. Martijn Arns, Neuromodulation Expert

**Articles**

1. Inside the Mind of the President at Royal Australian and New Zealand College of Psychiatrists (RANZCP) / Ex-Deputy Chief Psychiatrist – Interview with Dr. Vinay Lakra
2. Inside the Mind of a Specialist in Borderline Personality Disorder – Interview with A/Prof Sathya Rao
3. Inside the Mind of an Adult ADHD Specialist – Interview with Dr. Mahendra Perera
4. Inside the Mind of Dual Psychiatrist and Pain Medicine Physician – Interview with Dr. Khaldoon Alsaeed
5. The Medical Model In Mental Health – An Interview With Ahmed Samei Huda
6. Medical Education, Entrepreneurship and Innovation – Interview with Dr. James Shelley
14. How Do We Make Sense of Epigenetics and What Should A Clinician Know – Prof Greg Mattingly
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16. How Is Lisdexamfetamine Different Compared To Other Stimulants – Prof Martin Katzman
17. How Is the Presentation of ADHD Different in Adults Compared With Children? – Prof Martin Katzman
18. How Should Clinicians Approach the Use of Non-Stimulants? – Prof Martin Katzman
20. How Should Clinicians Look At Functioning of An Individual To Optimise Outcomes By Prof Rajiv Tandon
21. How To Conceptualize the Role of Partial Agonist Treatment Within the Domains of Psychopharmacology By Prof Rajiv Tandon
22. How To Efficiently Use Resilience To Treat Schizophrenia By Prof Greg Mattingly
23. How To Switch Antipsychotics To Improve Patient Response – Dr. David Bloom
24. How Would You Summarise Your Approach To the Diagnosis of Adult ADHD – Prof Martin Katzman
25. Key Aspects in Addressing Antipsychotic Related Side Effects – Prof Rajiv Tandon
26. Key Differences Between Lurasidone & Brexpiprazole, Side Effects & Prescription Strategies-Dr David Bloom
27. Key Differences Between rTMS and Electroconvulsive Therapy (ECT) – Dr. Martijn Arns
28. Key Messages When Using Antipsychotic Medications By Prof Christoph Correll
29. Key Points in the Assessment of Sexual Dysfunction – Conversations with Prof Clayton
30. Key Tips To Manage Positive, Affective and Negative Symptoms of Schizophrenia – Dr. David Bloom
31. Managing Metabolic Syndrome and The ‘It’s My Son Test’- Conversations with Dr. Stephen Stahl
32. Managing the Difference in Presentation And Co-existence of Adult ADHD and Bipolar Disorder-Prof Martin Katzman
33. Mechanisms of Sexual Dysfunction With Antidepressants – Conversations with Prof Anita Clayton
34. Metabolic and Cardiovascular Risks with Antipsychotics – How Can Clinicians Make a Difference?- Prof Correll
35. Metabolic and Physical Side Effects of Antipsychotics By Dr. Matthew Warden
36. Movement Disorders with Antipsychotic Medication – Conversations with Dr. Stephen Stahl
37. Neurobiological Reasons Behind the Brain’s Improved Response To Long-Acting Stimulants Rather Than Short-Acting Stimulants By Prof Martin Katzman
38. Outcome of Major Depression, Choice of Antidepressants and the Importance of Shared Decision Making – Prof Koen Demyttenaere
39. Practical Aspects of Switching Antipsychotic Medication By Prof Christoph Correll
40. Repetitive Transcranial Magnetic Stimulation (rTMS) in Depression – Conversations with Dr. Martijn Arns, Neuromodulation Expert
41. Should Clinicians Screen All Patients With Treatment-Resistant Depression for ADHD? – Prof Martin Katzman
42. Should We Be Concerned About Stimulant Induced Psychosis in Bipolar and Schizoaffective Disorder? – Prof Katzman
43. Strategic Treatment For Antipsychotic Medication (Clozapine) Non-Responders By Dr. David Bloom
44. The Future of Antipsychotic Medication – Conversations with Dr. Stephen Stahl
EXPERT INTERVIEWS

45. The Impact of Medication Adverse Effects on Quality of Life in Schizophrenia – Prof Correll
46. The Metabolic Syndrome in Psychiatry and The Triple Whammy Effect – Conversations with Dr. Stephen Stahl
47. Tips To Manage Cognitive symptoms in Schizophrenia – Dr. David Bloom
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